

THE PSALMS

1

¹Happy are they who have not walked in the counsel of the wicked,* nor lingered in the way of sinners, nor sat in the seats of the scornful!

²Their delight is in the law of the LORD,* and they meditate on his law day and night.

³They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; * everything they do shall prosper.

4It is not so with the wicked;* they are like chaff which the wind blows away.

⁵Therefore the wicked shall not stand upright when judgment comes,* nor the sinner in the council of the righteous.

⁶For the LORD knows the way of the righteous,* but the way of the wicked is doomed.

2

¹Why are the nations in an uproar? *
Why do the peoples
mutter empty threats?

²Why do the kings of the earth rise up in revolt, and the princes plot together,* against the LORD and against his anointed?

3"Let us break their yoke," they say; *
"let us cast off their bonds from us."

⁴He whose throne is in heaven is laughing;* the Lord has them in derision.

⁵Then he speaks to them in his wrath,* and his rage fills them with terror.

6"I myself have set my king* upon my holy hill of Zion."

⁷Let me announce the decree of the Lord:*

He said to me, "You are my son; this day have I begotten you.

8 Ask of me, and I will give you the nations for your inheritance* and the ends of the earth for your possession.

⁹You shall crush them with an iron rod* and shatter them like a piece of pottery."

¹⁰And now, you kings, be wise;*
be warned, you rulers of the earth.

"Submit to the LORD with fear,*
and with trembling
bow before him:

¹² lest he be angry, and you perish,* for his wrath is quickly kindled.

¹³ Happy are they all* who take refuge in him! 4

Answer me when I call, O God, defender of my cause;*
you set me free
when I am hard-pressed;
have mercy on me
and hear my prayer.

2"You mortals, how long will you dishonor my glory;* how long will you worship dumb idols and run after false gods?"

³Know that the LORD does wonders for the faithful;* when I call upon the LORD, he will hear me.

⁴Tremble, then, and do not sin; * speak to your heart in silence upon your bed.

⁵Offer the appointed sacrifices,* and put your trust in the LORD.

⁶Many are saying,

"Oh, that we might see better times!"*
Lift up the light
of your countenance upon ús, O LORD.

⁷You have put gladness in my heart,* more than when grain and wine and oil increase.

8I lie down in peace; at once I fall asleep;* for only you, Lord, make me dwell in safety.

5

¹Give ear to my words, O LORD; * consider my meditation.

²Hearken to my cry for help, my King and my God, * for I make my prayer to you.

³In the morning, LORD, you hear my voice; * early in the morning I make my appeal and watch for you.

⁴For you are not a God who takes pleasure in wickedness, *

and evil cannot dwell with you.

⁵Braggarts cannot stand in your sight;* you hate all those who work wickedness.

⁶You destroy those who speak lies;* the bloodthirsty and deceitful, O LORD, you abhor.

⁷But as for me, through the greatness of your mercy I will go into your house;* I will bow down toward your holy temple in awe of you.

8 Lead me, O LORD, in your righteousness, because of those who lie in wait for me;* make your way straight before me.

⁹For there is no truth in their mouth;* there is destruction in their heart;

¹⁰their throat is an open grave;* they flatter with their tongue.

¹¹Declare them guiltý, O God;* let them fall, because of their schemes.

¹²Because of their many transgressions, cast them out,*

for they have rebelled against you.

¹³But all who take refuge in you will be glad;*

they will sing out their joy forever.

¹⁴You will shelter them,* so that those who love your name may exult in you.

¹⁵For you, O Lord, will bless the righteous; * you will defend them with your favor as with a shield.



LORD, do not rebuke me in your anger;*
do not punish me in your wrath.

²Have pity on me, LORD, for I am weak;* heal me, LORD, for my bones are racked.

³My spirit shakes with terror;* how long, O LORD, how long?

⁴Turn, O Lord, and deliver me;* save me for your mercy's sake.

⁵For in death no one remembers you; * and who will give you thanks in the grave?

6I grow weary because of my groaning;* every night I drench my bed and flood my couch with tears.

⁷My eyes are wasted with grief* and worn away because of all my enemies.

8 Depart from me, all évildoers,* for the LORD has heard the sound of my weeping.

⁹The LORD has heard my supplication; * the LORD accepts my prayer.

¹⁰ All my enemies shall be confounded and quake with fear;* they shall turn back and suddenly be put to shame.

7

O LORD my God, I take refuge in you;* save and deliver me from all who pursue me;

2lest like a lion they tear me in pieces* and snatch me away with none to deliver me.

³O LORD my God, if I have done these things,*

if there is any wickedness in my hands,

4if I have repaid my friend with evil,* or plundered him who without cause is my enemy,

5then let my enemy pursue and overtake me,* trample my life into the ground, and lay my honor in the dust.

⁶Stand up, O LORD, in your wrath;* rise up against the fury of my enemies.

⁷Awake, O my God, decree justice;* let the assembly of the peoples gather round you.

⁸Be seated on your lofty throne, Ó Most High; *

O LORD, judge the nations.

⁹Give judgment for me according to my righteousness, O LORD,* and according to my innocence,

O Most High.

¹⁰Let the malice of the wicked come to an end,

but establish the righteous;*
for you test the mind and heart,
O righteous God.

¹¹God is my shield and defense; * he is the savior of the true in heart.

¹²God is a fighteous judge;*
God sits in judgment évery day.

¹³If they will not repent, God will whet his sword;*

he will bend his bow and make it ready.

¹⁴He has prepared his weapóns of death;* he makes his arrows shafts of fire.

15 Look at those

who are in labor with wickedness,* who conceive evil, and give birth to a lie.

¹⁶They dig a pit and make it deep* and fall into the hole that they have made.

17 Their malice turns back upon their own head;* their violence falls on their own scalp.

¹⁸I will bear witness that the LORD is righteous;* I will praise the name of the LORD Most High.

8

O LORD our Lord,*
how exalted is your name
in all the world!

Out of the mouths of infants and children* your majesty is praised above the heavens.

³You have set up a stronghold against your adversaries,* to quell the enemy and the avenger.

⁴When I consider your heavens, the work of your fingers,* the moon and the stars you have set in their courses, 5 what is man that you should be mindful of him,* the son of man that you should seek him out? ⁶You have made him but little lower than the angels;* you adorn him with glory and honor; ⁷you give him mastery over the works of your hands; * you put all things under his feet: 8 all sheep and oxen,* even the wild beasts of the field, ⁹the birds of the air, the fish of the sea,* and whatsoever walks

in the paths of the sea.

O LORD our Lord,*
how exalted is your name
in all the world!

9

I will give thanks to you, O LORD, with my whole heart;*
I will tell of all your marvelous works.
I will be glad and rejoice in you;*
I will sing to your name,
O Most High.
When my enemies are driven back,*
they will stumble and perish

⁴For you have maintained my right and my cause; * you sit upon your throne, judging right.

at your presence.

⁵You have rebuked the ungodly and destroyed the wicked; * you have blotted out their name forever and ever.

⁶As for the enemy, they are finished, in perpetual ruin,* their cities plowed under, the memory of them perished;

7 but the LORD is enthroned forever; * he has set up his throne for judgment.

8It is he who rules the world with righteousness;* he judges the peoples with equity.

⁹The LORD will be a refuge for the oppressed,* a refuge in time of trouble.

Those who know your name will put their frust in you,* for you never forsake those who seek you, O Lord.

"Sing praise to the LORD who dwells in Zion; * proclaim to the peoples the things he has done.

¹²The avenger of blood will remember them;* he will not forget the cry of the afflicted.

¹³ Have pity on me, O Lord; * see the misery I suffer from those who hate me, O you who lift me up from the gate of death;

¹⁴so that I may tell of all your praises and rejoice in your salvation* in the gates of the city of Zion.

¹⁵The ungodly have fallen into the pit they dug,* and in the snare they set is their own foot caught.

by his acts of justice; *
the wicked are trapped
in the works of their own hands.

¹⁷The wicked shall be given over to the grave,* and also all the peoples that forget God.

shall not always be forgotten,*
and the hope of the poor
shall not perish forever.

¹⁹Rise up, O LORD, let not the ungodly have the upper hand;*
let them be judged before you.

²⁰ Put fear upon them, O LORD; * let the ungodly know they are but mortal.

10

¹Why do you stand so far off, O Lord,* and hide yourself in time of trouble?

²The wicked

arrogantly persecute the poor,*
but they are trapped in the schemes
they have devised.

³The wicked boast of their heart's desire; * the covetous curse and revile the Lord.

⁴The wicked are so proud that they care not for God; * their only thought is, "God does not matter."

⁵Their ways are devious at all times; your judgments are far above, out of their sight;* they defy all their enemies.

⁶They say in their heart,
"I shall not be shaken;*
no harm shall happen to me ever."

⁷Their mouth is full of cursing, deceit, ánd oppression; * under their tongue are mischief and wrong.

8They lurk in ambush in public squares, and in secret places they murder the innocent;* they spy out the helpless.

⁹They lie in wait, like a lion in a covert; they lie in wait to seize upon the lowly; * they seize the lowly and drag them away in their net.

The innocent are broken and humbled before them; the helpless fall before their power.

"They say in their heart,
"God has forgotten;*
he hides his face; he will never notice."

¹² Rise up, O LORD; lift up your hand, O God;* do not forget the afflicted. ¹³Why should the wicked revile God?*
Why should they say in their heart,
"You do not care"?

¹⁴Surely, you behold trouble and misery; * you see it and take it into your own hand.

¹⁵The helpless commit themselves to you,* for you are the helper of orphans.

¹⁶Break the power of the wicked and evil; * search out their wickedness until you find none.

¹⁷The LORD is king forever and ever; * the ungodly shall perish from his land.

¹⁸The LORD will hear the desire of the humble; * you will strengthen their heart and your éars shall hear,

19 to give justice

to the orphan and oppressed,* so that mere mortals may strike terfor no more.

11

¹In the LORD have I taken refuge;* how then can you say to me, "Fly away like a bird to the hilltop;

² for see how the wicked bend the bow and fit their arrows to the string,* to shoot from ambush at the true of heart.

³When the foundations are being destroyed,* what can the fighteous do?"

⁴The LORD is in his holy temple; * the LORD's throne is in heaven.

⁵His eyes behold the inhabited world;* his piercing eye weighs our worth.

⁶The LORD weighs the righteous as well as the wicked,*
but those who delight in viole

but those who delight in violence he abhors.

⁷Upon the wicked he shall rain coals of fire and burning sulphur; *
 a scorching wind shall be their lot.

For the LORD is righteous; he delights in righteous deeds;* and the just shall see his face.

12

¹Help me, LORD, for there is no godly one left;* the faithful have vanished from among us.

²Everyone speaks falsely with his neighbor;* with a smooth tongue they speak from a double heart.

³Oh, that the LORD would cut off all smooth tongues,* and close the lips that utter proud boasts!

⁴Those who say,

"With our tongue will we prevail;*
our lips are our own;
who is lord over us?"

5"Because the needy are oppressed, and the poor cry out in misery,* I will rise up," says the Lord, "and give them the help they long for."

⁶The words of the Lord are pure words,* like silver refined from ore and purified seven times in the fire.

O LORD, watch over us* and save us from this generation forever.

8The wicked prowl on évery side,* and that which is worthless is highly prized by everyone.

15

¹LORD, who may dwell in your tabernacle?* Who may abide upon your holy hill? ²Whoever leads a blameless life and does what is right,* who speaks the truth from his heart, ³there is no guile upon his tongue; he does no evil to his friend;* he does not heap contempt upon his neighbor.

⁴In his sight the wicked is rejected,* but he honors those who fear the Lord.

⁵He has sworn to do no wrong* and does not take back his word.

⁶He does not give his money in hope of gain,* nor does he take a bribe against the innocent.

⁷Whoever does these things* shall never be overthrown.

16

¹Protect me, O God, for I take refúge in you;* I have said to the LORD, "You are my Lord, my good above all other."

²All my delight is upon the godly that are in the land,*
upon those who are noble among the people.

³But those who run after other gods* shall have their troubles multiplied.

⁴Their libations of blood I will not offer,* nor take the names of their gods upon my lips.

⁵O Lord, you are my portion and my cup;* it is you who uphold my lot.

⁶My boundaries enclose a pleasant land;* indeed, I have a goodly heritage.

⁷I will bless the LORD who gives me counsel;*

my heart teaches me night after night.

8I have set the LORD always before me;* because he is at my right hand, I shall not fall.

⁹My heart, therefore, is glad, and my spirit rejoices;* my body also shall rest in hope.

For you will not abandon me to the grave,* nor let your holy one see the pit. ¹¹You will show me the path of life;*
in your presence
there is fullness of joy,
and in your right hand
are pleasures forevermore.

17

¹Hear my plea of innocence, O LORD; give heed to my cry;* listen to my prayer, which does not come from lying lips.

²Let my vindication come forth from your presence;*

let your eyes be fixed on justice.

³ Weigh my heart, summon me by night,* melt me down; you will find no impuritý in me.

⁴I give no offense with my mouth as others do;*

I have heeded the words of your lips.

⁵My footsteps hold fast to the ways of your law;* in your paths my feet shall not stumble.

⁶I call upon you, O God, for you will answer me;* incline your ear to me and hear my words.

7 Show me your marvelous lovingkindness,*

 O Savior of those who take refuge at your right hand from those who rise up against them.

⁸Keep me as the apple of your eye;* hide me under the shadow of your wings,

9 from the wicked who assault me,* from my deadly enemies who surround me.

They have closed their heart to pity,* and their mouth speaks proud things.

"They press me hard; now they surround me,* watching how they may cast me to the ground, "2 like a lion, greedy for its prey,* and like a young lion lurking in secret places.

¹³ Arise, O LORD; confront them and bring them down;* deliver me from the wicked by your sword.

¹⁴Deliver me, O LORD, by your hand* from those whose portion in life is this world;

¹⁵whose bellies you fill with your treasure,* who are well supplied with children and leave their wealth to their little ones.

¹⁶ But at my vindication
I shall see your face;*
when I awake, I shall be satisfied, beholding your likeness.

18

¹I love you, O LORD my strength,*
O LORD my stronghold,
my crag, and my haven.

²My God, my rock in whom I put my trust,* my shield, the horn of my salvation, and my refuge: You are worthy of praise.

³I will call upon the Lord,* and so shall I be saved from my enemies.

⁴The breakers of death rolled over me,* and the torrents of oblivion made me afraid.

⁵The cords of hell entangled me,* and the snares of death were set for me.

⁶I called upon the LORD in my distress* and cried out to my God for help.

⁷He heard my voice from his heavenly dwelling;* my cry of anguish came to his ears.

8The earth feeled and rocked;* the roots of the mountains shook; they reeled because of his anger.

⁹Smoke rose from his nostrils and a consuming fire out of his mouth;*

hot burning coals blazed forth from him.

¹⁰He parted the heavens and came down* with a storm cloud under his feet.

"He mounted on cherubim and flew; *
he swooped on the wings of the wind.

¹²He wrapped darkness about him; * he made dark waters and thick clouds his pavilion.

¹³ From the brightness of his presence, through the clouds,*
burst hailstones and coals of fire.

¹⁴The LORD thundered out of heaven; * the Most High uttered his voice.

15 He loosed his arrows and scattered them; * he hurled thunderbolts and fouted them.

and the foundations of the world laid bare,*

at your battle cry, O LORD,
at the blast of the breath
of your nostrils.

¹⁷He reached down from on high and grasped me; * he drew me out of great waters.

¹⁸He delivered me from my strong enemies and from those who hated me,* for they were too mighty for me.

Of my disaster; * but the LORD was my support.

²⁰He brought me out into an open place; *
he rescued me
because he delighted in me.

²¹The LORD rewarded me because of my righteous dealing; * because my hands were clean he rewarded me:

²² for I have kept the ways of the LORD* and have not offended against my God;

²³ for all his judgments are before my eyes,* and his decrees I have not put away from me; ²⁴ for I have been blameless with him* and have kept myself from iniquity;

²⁵ therefore the LORD rewarded me according to my fighteous dealing,* because of the cleanness of my hands in his sight.

²⁶With the faithful you show yourself faithful, O God; * with the forthright you show yourself forthright.

²⁷With the pure you show yourself pure,* but with the crooked you are wily.

²⁸You will save a lowly people,*
but you will humble the haughty eyes.

²⁹You, O Lord, are my lamp; * my God, you make my darkness bright.

With you I will break down an enclosure; * with the help of my God

with the help of my God
I will scale any wall.

31 As for God, his ways are perfect;

the words of the LORD are tried in the fire; *
he is a shield to all who trust in him.

³²For who is God, but the LORD? *
Who is the rock, except our God?

³³It is God who girds me about with strength* and makes my way secure.

³⁴He makes me sure-footed like a deer* and lets me stand firm on the heights.

³⁵He trains my hands for battle * and my arms for bending even a bow of bronze.

³⁶You have given me your shield of victory; * your right hand also sustains me; your loving care makes me great.

³⁷You lengthen my stride beneath me,* and my ankles do not give way.

³⁸ I pursue my enemies and overtake them; * I will not turn back till I have destroyed them.

³⁹I strike them down, and they cannot rise; * they fall defeated at my feet.

⁴⁰You have girded me with strength for the battle; *

you have cast down my adversaries beneath me; you have put my enemies to flight.

41 I destroy those who hate me; they cry out, but there is none to help them;* they cry to the LORD, but he does not answer.

⁴²I beat them small like dust before the wind;*
I trample them like mud in the streets.

⁴³You deliver me from the strife of the peoples; * you put me at the head of the nations.

⁴⁴A people I have not known shall serve me; no sooner shall they hear than they shall obey me;* strangers will cringe before me.

45 The foreign peoples will lose heart; * they shall come trembling out of their strongholds.

*The Lord lives! Blessed is my rock! *
Exalted is the God of my salvation!

⁴⁷He is the God who gave me victory* and cast down the peoples beneath me.

⁴⁸You rescued me from the fury of my enemies; you exalted me above those who fose against me;* you saved me from my deadly foe.

⁴⁹Therefore will I extol you among the nations, O LORD,* and sing praises to your name.

⁵⁰He multiplies the victories of his king;* he shows lovingkindness to his anointed, to David and his descendants forever.

19

¹The heavens declare the glory of God,* and the firmament shows his handiwork.

²One day tells its tale to another,* and one night imparts knowledge to another.

³ Although they have no words or language,* and their voices are not heard,

4their sound has gone out into all lands,* and their message to the ends of the world.

⁵In the deep has he set a pavilion for the sun;* it comes forth like a bridegroom out of his chamber; it rejoices like a champion to run its course.

⁶It goes forth from the uttermost edge of the heavens and runs about to the end of it again;* nothing is hidden from its burning heat.

⁷The law of the LORD is perfect and revives the soul;* the testimony of the LORD is sure and gives wisdom to the innocent.

8The statutes of the LORD are just and rejoice the heart; * the commandment of the LORD is clear and gives light to the eyes.

The fear of the LORD is clean and endures forever;* the judgments of the LORD are true and righteous altogether.

More to be desired are they than gold, more than much fine gold,* sweeter far than honey, than honey in the comb.

11 By them also

is your servant enlightened,* and in keeping them there is great reward.

¹²Who can tell how often he offends?*

Cleanse me from my secret faults.

from presumptuous sins; let them not get dominion over me;* then shall I be whole and sound, and innocent of a great offense. ¹⁴ Let the words of my mouth and the meditation of my heart be acceptable in your sight,* O LORD, my strength and my redeemer.

20

¹May the Lord answer you in the day of trouble,* the name of the God of Jacob defend you;

²send you help from his holy place* and strengthen you out of Zion;

³remember all your offerings* and accept your burnt sacrifice;

⁴grant you your heart's desire* and prosper all your plans.

We will shout for joy at your victory and triumph in the name of our God;* may the LORD grant all your requests.

6Now I know that the LORD gives victory to his anointed;* he will answer him out of his holy heaven, with the victorious strength of his right hand.

⁷Some put their trust in chariots and some in horses,*
but we will call upon the name of the LORD our God.

8They collapse and fall down,* but we will arise and stand upright.

⁹O Lord, give victory to the king* and answer us when we call.

22

¹My God, my God,
why have you forsaken me*
 and are so far from my cry,
 and from the words of my distress?
²O my God, I cry in the daytime,
 but you do not answer;*
 by night as well, but I find no rest.

³Yet you are the Holy One,* enthroned upon the praises of Israel.

⁴Our forefathers put their frust in you;* they trusted, and you delivered them.

⁵They cried out to you and were delivered;* they trusted in you and were not put to shame.

⁶But as for me, I am a worm and no man,* scorned by all and despised by the people.

⁷All who see me laugh me to scorn;* they curl their lips and wag their heads, saying,

8"He trusted in the LORD; let him deliver him;* let him rescue him, if he delights in him."

⁹Yet you are he who took me out of the womb,* and kept me safe upon my mother's breast.

¹⁰I have been entrusted to you ever since I was born;* you were my God when I was still in my mother's womb.

¹¹Be not far from me, for trouble is near,* and there is none to help.

¹² Many young bulls encircle me;* strong bulls of Bashan surround me.

¹³They open wide their jaws at me,* like a ravening and a foaring lion.

¹⁴I am poured out like water; all my bones are out of joint;* my heart within my breast is melting wax.

¹⁵ My mouth is dried out like a potsherd; my tongue sticks to the roof of my mouth;* and you have laid me in the dust of the grave.

¹⁶ Packs of dogs close me in, and gangs of evildoers circle around me;* they pierce my hands and my feet. I can count all my bones.

¹⁷They stare and gloat over me;*

they divide my garments among them; they cast lots for my clothing.

¹⁸ Be not far away, O Lord;* you are my strength; hasten to help me.

¹⁹Save me from the sword,* my life from the power of the dog.

²⁰Save me from the fion's mouth,* my wretched body from the horns of wild bulls.

²¹I will declare your name to my brethren;*
in the midst of the congregation
I will praise you.

²Praise the LORD, you that fear him;* stand in awe of him,
O offspring of Israel;
all you of Jacob's line, give glory.

²³ For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them;* but when they cry to him he hears them.

²⁴My praise is of him in the great assembly;* I will perform my vows in the presence of those who worship him.

²⁵The poor shall eat and be satisfied, and those who seek the LORD shall praise him: *

"May your heart live forever!"

²⁶ All the ends of the earth shall remember and turn to the LORD,* and all the families of the nations shall bow before him.

²⁷For kingship belongs to the LORD; * he rules over the nations.

²⁸ To him alone all who sleep in the earth bow down in worship; * all who go down to the dust fall before him.

²⁹My soul shall live for him; my descendants shall serve him; * they shall be known as the LORD's forever.

30 They shall come and make known to a people yet unborn* the saving deeds that he has done.

23

¹The LORD is my shepherd;*
I shall not be in want.

²He makes me lie down in green pastures* and leads me beside still waters.

³He revives my soul* and guides me along right pathways for his name's sake.

⁴Though I walk through the valley of the shadow of death, I shall fear no evil;*
for you are with me; your rod and your staff, they comfort me.

⁵You spread a table before me in the presence of those who frouble me;* you have anointed my head with oil, and my cup is funning over.

⁶Surely your goodness and mercy shall follow me all the days of my life,* and I will dwell in the house of the LORD forever.

24

¹The earth is the LORD's and all that is in it,*
the world and all who dwell therein.

²For it is he who founded it upon the seas* and made it firm upon the rivers of the deep.

3"Who can ascend the hill of the LORD* and who can stand in his holy place?"

4"Those who have clean hands and a pure heart,* who have not pledged themselves to falsehood, nor sworn by what is a fraud.

⁵They shall receive a blessing from the LORD* and a just reward from the God of their salvation." ⁶Such is the generation of those who seek him,* of those who seek your face, O God of Jacob.

⁷Lift up your heads, O gates; lift them high, O everlasting doors;* and the King of glory shall come in.

8"Who is this King of glory?" *
"The LORD, strong and mighty,
the LORD, mighty in battle."

⁹Lift up your heads, O gates; lift them high, O everlasting doors;* and the King of glory shall come in.

"The LORD of hosts, he is the King of glory."

25

¹To you, O Lord, I lift up my soul; my God, I put my trust in you;* let me not be humiliated, nor let my enemies triumph over me. ²Let none who look to you be put to shame;*

let the treacherous be disappointed in their schemes.

³Show me your ways, O Lord,* and teach me your paths.

⁴Lead me in your truth and teach me,* for you are the God of my salvation; in you have I trusted all the day long.

⁵Remember, O LORD,

your compassion and love,*
for they are from everlasting.

⁶Remember not the sins of my youth and my transgressions;* remember me according to your love and for the sake of your goodness, O LORD.

⁷Gracious and upright is the LORD;* therefore he teaches sinners in his way.

⁸He guides the humble in doing right* and teaches his way to the lowly.

⁹All the paths of the LORD are love and faithfulness*

to those who keep his covenant and his testimonies.

¹⁰ For your name's sake, O LORD,* forgive my sin, for it is great.

"Who are they who fear the LORD?*

He will teach them the way that they should choose.

¹²They shall dwell in prosperity,* and their offspring shall inherit the land.

¹³The LORD is a friend to those who fear him,* and will show them his covenant.

¹⁴My eyes are ever looking to the LORD,* for he shall pluck my feet out of the net.

¹⁵Turn to me and have pitý on me,* for I am left alone ánd in misery.

16 The sorrows of my heart have increased; *

bring me out of my troubles.

¹⁷Look upon my adversitý and misery* and forgive me áll my sin.

¹⁸ Look upon my enemies, for they are many,* and they bear a violent hatred against me.

Protect my life and deliver me;* let me not be put to shame, for I have trusted in you.

²⁰Let integrity and uprightness preserve me,*

for my hope has been in you.

²¹Deliver Israél, O God,* out of áll his troubles.

26

¹Give judgment for me, O Lord, for I have lived with integrity;*
I have trusted in the Lord and have not faltered.

²Test me, O LORD, and try me;* examine my heart and my mind.

³For your love is before my eyes;*
I have walked faithfully with you.

⁴I have not sat with the worthless,* nor do I consort with the deceitful.

⁵I have hated the company of évildoers;*
I will not sit down with the wicked.

⁶I will wash my hands in innocence,

O Lord,*
that I may go in procession
found your altar,

7singing aloud a song of thanksgiving* and recounting all your wonderful deeds.

⁸LORD, I love the house in which you dwell* and the place where your glory abides.

⁹Do not sweep me away with sinners,* nor my life with those who thirst for blood,

¹⁰whose hands are full of évil plots,* and their right hand full of bribes.

¹¹As for me, I will live with integrity;* redeem me, O Lord, and have pitý on me.

¹² My foot stands on level ground;* in the full assembly I will bless the LORD.

27

¹The Lord is my light and my salvation; whom then shall I fear?*

The LORD is the strength of my life; of whom then shall I be afraid?

²When evildoers came upon me to eat up my flesh,* it was they, my foes and my adversaries, who stumbled and fell.

³Though an army should encamp against me,* yet my heart shall not be afraid;

⁴and though war should rise up against me,* yet will I put my trust in him.

⁵One thing have I asked of the LORD; one thing I seek;*

that I may dwell in the house of the LORD all the days of my life;

6to behold the fair beauty of the LORD* and to seek him in his temple.

⁷For in the day of trouble he shall keep me safe in his shelter;* he shall hide me in the secrecy of his dwelling and set me high upon a rock.

⁸Even now he lifts up my head* above my enemies found about me.

⁹Therefore I will offer in his dwelling an oblation with sounds of great gladness;*

I will sing and make music to the LORD.

¹⁰Hearken to my voice, O LORD, when I call;*

have mercy on me and answer me.

"You speak in my heart and say, "Seek my face."*
Your face, LORD, will I seek.

¹²Hide not your face from me,* nor turn away your servant in displeasure.

¹³ You have been my helper; cast me not away;* do not forsake me, O God of my salvation.

¹⁴Though my father and my mother forsake me,*
the LORD will sustain me.

¹⁵Show me your way, O LORD;* lead me on a level path, because of my enemies.

into the hand of my adversaries,*
for false witnesses
have risen up against me,
and also those who speak malice.

What if I had not believed that I should see the goodness of the LORD* in the land of the living!

¹⁸Oh, tarry and await the LORD's pleasure; be strong, and he shall comfort your heart;* wait patiently for the LORD. 28

O LORD, I call to you; my rock, do not be deaf to my cry;* lest, if you do not hear me, I become like those who go down to the pit.

²Hear the voice of my prayer when I cry out to you,* when I lift up my hands to your holy of holies.

³Do not snatch me away with the wicked or with the évildoers,* who speak peaceably with their neighbors, while strife is in their hearts.

4Repay them according to their deeds,* and according to the wickedness of their actions.

⁵According to the work of their hands repay them,*
and give them their just deserts.

⁶They have no understanding of the LORD's doings, nor of the works of his hands;* therefore he will break them down and not build them up.

⁷Blessed is the LORD!*
For he has heard
the voice of my prayer.

8The LORD is my strength and my shield;* my heart trusts in him, and I have been helped;

9therefore my heart dancés for joy,* and in my song will I praise him.

¹⁰The Lord is the strength of his people,* a safe refuge for his anointed.

"Save your people and bless your inheritance;* shepherd them and carry them forever.

29

¹Ascribe to the Lord, you gods,* ascribe to the Lord glory and strength.

²Ascribe to the LORD the glory due his name;* worship the LORD in the beauty of holiness.

³The voice of the LORD is upon the waters; the God of glory thunders;*
the LORD is upon the mighty waters.

⁴The voice of the LORD is a powerful voice;*
the voice of the LORD is a voice of splendor.

⁵The voice of the Lord breaks the cedar trees;* the Lord breaks the cedars of Lebanon;

⁶he makes Lebanon skip like a calf,* and Mount Hermon like a young wild ox.

⁷The voice of the Lord splits the flames of fire; the voice of the Lord shakes the wilderness;* the Lord shakes the wilderness of Kadesh.

8The voice of the LORD makes the óak trees writhe* and strips the forests bare.

⁹And in the temple of the Lord* all are crying, "Glory!"

The Lord sits enthroned above the flood; * the Lord sits enthroned as king forevermore.

The LORD shall give strength to his people;*
the LORD shall give his people the blessing of peace.

30

¹I will exalt you, O LORD, because you have lifted me up* and have not let my enemies triumph over me.

²O Lord my God, I cried out to you,* and you restored me to health.

³You brought me up, O LORD, from the dead;*
you restored my life as I was going down to the grave.

4Sing to the LORD, you servants of his;* give thanks for the remembrance of his holiness.

⁵For his wrath endures but the twinkling of an eye,* his favor for a lifetime.

6Weeping may spend the night,* but joy comes in the morning.

⁷While I felt secure, I said,

"I shall never be disturbed.*
You, LORD, with your favor,
made me as strong as the mountains."

⁸Then you hid your face,* and I was filled with fear.

⁹I cried to you, O Lord;*
I pleaded with the Lord, saying,
¹⁰"What profit is there in my blood,
if I go down to the pit?*
Will the dust praise you
or declare your faithfulness?

"Hear, O LORD, and have mercy upon me;* O LORD, be my helper."

¹² You have turned my wailing into dancing;*

you have put off my sackcloth and clothed me with joy.

¹³Therefore my heart sings to you without ceasing;*

O Lord my God, I will give you thanks forever.

31

¹In you, O LORD, have I taken refuge; let me never be put to shame;* deliver me in your righteousness.

²Incline your ear to me;*
make haste to deliver me.

³Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold;* for the sake of your name, lead me and guide me.

⁴Take me out of the net that they have secretly set for me,* for you are my tower of strength.

⁵Into your hands I commend my spirit,* for you have redeemed me, O LORD, O God of truth.

⁶I hate those who cling to worthless idols,* and I put my trust in the LORD.

⁷I will rejoice and be glad because of your mercy;* for you have seen my affliction; you know my distress.

⁸You have not shut me up in the power of the enemy;* you have set my feet in an open place.

⁹Have mercy on me, O LORD, for I am in trouble;* my eye is consumed with sorrow, and also my throat and my belly.

For my life is wasted with grief, and my years with sighing;* my strength fails me because of affliction, and my bones are consumed.

If have become a reproach to all my enemies and even to my neighbors, a dismay to those of my acquaintance; when they see me in the street they avoid me.

¹²I am forgotten like a dead man, out of mind;*

I am as useless as a broken pot.

¹³ For I have heard the whispering of the crowd; fear is all around;* they put their heads together against me; they plot to take my life.

¹⁴But as for me,

I have trusted in you, O LORD.*
I have said, "You are my God.

15 My times are in your hand;* rescue me from the hand of my enemies, and from those who persecute me.

Make your face
to shine upon your servant,*
and in your lovingkindness save me."
LORD, let me not be ashamed
for having called upon you;*
rather, let the wicked
be put to shame;
let them be silent in the grave.

¹⁸Let the lying lips be silenced which speak against the righteous,* haughtily, disdainfully, and with contempt.

¹⁹How great is your goodness, O LORD, which you have laid up for those who fear you;* which you have done in the sight of all for those who put their trust in you.

²⁰You hide them in the covert of your presence from those who slander them;* you keep them in your shelter from the strife of tongues.

²¹ Blessed be the LORD!*
for he has shown me the wonders
of his love in a besieged city.

2 Yet I said in my alarm,
"I have been cut off from the sight of your eyes."*
Nevertheless, you heard the sound of my entreaty when I cried out to you.

²³ Love the LORD, all you who worship him;* the LORD protects the faithful, but repays to the full those who act haughtily.

²⁴Be strong and let your heart take courage,* all you who wait for the LORD.

32

Happy are they whose transgressions are forgiven,* and whose sin is put away!
 Happy are they

to whom the Lord imputes no guilt,*
and in whose spirit there is no guile!

While I held my tongue,
my bones withered away,*
because of my groaning all day long.
For your hand was heavy upon me day and night;*
my moisture was dried up as in the heat of summer.
Then I acknowledged my sin to you,*
and did not conceal my guilt.

⁶I said, "I will confess my transgressions to the Lord."*

Then you forgave me the guilt of my sin.

⁷Therefore all the faithful will make their prayers to you in time of trouble;*
when the great waters overflow, they shall not reach them.

⁸ You are my hiding-place; you preserve me from trouble;* you surround me with shouts of deliverance.

9"I will instruct you and teach you in the way that you should go;* I will guide you with my eye.

¹⁰Do not be like horse or mule, which have no understanding;* who must be fitted with bit and bridle, or else they will not stay near you."

¹¹Great are the tribulations of the wicked;* but mercy embraces those who trust in the LORD.

¹²Be glad, you righteous, and rejoice in the LORD;* shout for joy, all who are true of heart.

33

Rejoice in the LORD, you righteous;*
it is good for the just to sing praises.

²Praise the LORD with the harp;* play to him upon the psaltery and lyre.

³ Sing for him a new song;* sound a fanfare with all your skill upon the trumpet.

⁴For the word of the Lord is right,* and all his works are sure.

⁵He loves righteousness and justice;* the lovingkindness of the LORD fills the whole earth.

⁶By the word of the LORD were the heavens made,* by the breath of his mouth all the heavenly hosts.

⁷He gathers up the waters of the ocean as in a water-skin* and stores up the depths of the sea.

⁸Let all the earth fear the LORD;* let all who dwell in the world stand in awe of him.

⁹For he spoke, and it came to pass;* he commanded, and it stood fast.

¹⁰The Lord brings the will of the nations to naught;* he thwarts the designs of the peoples.

11 But the Lord's will stands fast forever,* and the designs of his heart from age to age.

¹²Happy is the nation whose God is the LORD!* Happy the people he has chosen to be his own!

¹³The Lord looks down from heaven,* and beholds all the people in the world.

¹⁴From where he sits enthroned he turns his gaze* on all who dwell on the earth.

¹⁵He fashions all the hearts of them* and understands all their works.

¹⁶There is no king that can be saved by a mighty army;* a strong man is not delivered by his great strength.

¹⁷The horse is a vain hope for deliverance;* ¹³Keep your tongue from évil-speaking* for all its strength it cannot save.

18 Behold, the eye of the LORD is upon those who fear him,* on those who wait upon his love,

¹⁹to pluck their lives from death,* and to feed them in time of famine.

²⁰Our soul waits for the LORD;* he is our help and our shield. ²¹ Indeed, our heart rejoices in him,* for in his holy name we put our trust.

²Let your lovingkindness, O Lord, be upon us,*

as we have put our trust in you.

34

¹I will bless the Lord at all times;* his praise shall ever be in my mouth.

²I will glory in the LORD;* let the humble hear and rejoice.

³Proclaim with me the greatness of the Lord;* let us exalt his name together.

⁴I sought the LORD, and he answered me* and delivered me out of all my terror.

⁵Look upon him and/be radiant,* and let not your faces be ashamed.

⁶I called in my affliction, and the LORD heard me* and saved me from all my troubles.

⁷The angel of the LORD encompasses those who fear him,* and he will deliver them.

⁸Taste and see that the Lord is good;* happy are they who trust in him!

⁹Fear the LORD, you that are his saints,* for those who fear him lack nothing.

¹⁰The young lions lack and suffer hunger,* but those who seek the LORD lack nothing that is good.

¹¹Come, children, and listen to me;* I will teach you the fear of the LORD.

¹²Who among you loves life* and desires long life to enjoy prosperity?

and your lips from lying words.

¹⁴Turn from evil and do good;* seek peace and pursue it.

15 The eyes of the LORD are upon the righteous,* and his ears are open to their cry.

¹⁶The face of the LORD is against those who do evil,* to root out the remembrance of them from the earth.

¹⁷The righteous cry, and the LORD hears them* and delivers them from all their troubles.

¹⁸The Lord is near to the brokenhearted* and will save those whose spirits are crushed.

¹⁹Many are the troubles of the righteous,* but the LORD will deliver him out of them all.

²⁰He will keep safe all his bones;* not one of them shall be broken.

²¹Evil shall slay the wicked,*
and those who hate the righteous will be punished.

²The LORD ransoms the life of his servants,* and none will be punished who trust in him.

36

¹There is a voice of rebellion deep in the heart of the wicked;* there is no fear of God before his eyes.

²He flatters himself in his own eyes* that his hateful sin will not be found out.

³The words of his mouth are wicked and deceitful; * he has left off acting wisely and doing good.

⁴He thinks up wickedness upon his bed and has set himself in no good way;* he does not abhor that which is evil.

⁵Your love, O LORD, reaches to the heavens,* and your faithfulness to the clouds.

⁶Your righteousness is like the strong mountains, your justice like the great deep;* you save both man and beast, O Lord.

⁷How priceless is your love, O God!*
Your people take refuge
under the shadow of your wings.

8They feast upon the abundance of your house; * you give them drink from the river of your delights.

⁹For with you is the well of life,* and in your light we see light.

Ontinue your lovingkindness to those who know you,* and your favor to those

who are true of heart.

"Let not the foot of the proud

come near me,*
nor the hand of the wicked
push me aside.

¹² See how they are fallen, those who work wickedness! * They are cast down and shall not be able to rise.

40

¹I waited patiently upon the LORD;* he stooped to me and heard my cry.

²He lifted me out of the desolate pit, out of the mire and clay;* he set my feet upon a high cliff

he set my feet upon a high cliff and made my footing sure.

³He put a new song in my mouth, a song of praise to our God;* many shall see, and stand in awe, and put their trust in the LORD.

⁴Happy are they who trust in the LORD! *
They do not resort to evil spirits
or turn to false gods.

⁵Great things are they that you have done, O LORD my God! How great your wonders and your plans for us!*

There is none

who can be compared with you.

⁶Oh, that I could make them known and tell them!*

But they are more than I can count.

7In sacrifice and offering
you take no pleasure; *
you have given me ears to hear you;

8 burnt-offering and sin-offering you have not required,* and so I said, "Behold, I come.

⁹In the roll of the book it is written concerning me:* 'I love to do your will, O my God; your law is deep in my heart.'"

¹⁰I proclaimed righteousness in the great congregation;* behold, I did not restrain my lips; and that, O LORD, you know.

11 Your righteousness
have I not hidden in my heart;
I have spoken of your faithfulness
and your deliverance;*
I have not concealed
your love and faithfulness from the
great congregation.

¹²You are the LORD; do not withhold your compassion from me;*

let your love and your faithfulness keep me safe forever.

¹³For innumerable troubles have crowded upon me; my sins have overtaken me, and I cannot see;*
they are more in number than the hairs of my head, and my heart fails me.

¹⁴Be pleased, O Lorp, to deliver me;*
O Lorp, make haste to help me.

Is Let them be ashamed and altogether dismayed who seek after my life to destroy it;* let them draw back and be disgraced who take pleasure in my misfortune.

¹⁶Let those who say "Aha!" and gloat over me be confounded,* because they are ashamed.

¹⁷Let all who seek you rejoice in you and be glad;* let those who love your salvation continually say, "Great is the LORD!"

¹⁸Though I am poor and afflicted,* the Lord will have regard for me.

¹⁹You are my helper and my deliverer;* do not tarry, O my God.

41

¹Happy are they who consider the poor and needy! * The LORD will deliver them in the time of trouble.

²The LORD preserves them and keeps them alive, so that they may be happy in the land;* he does not hand them over to the will of their enemies.

³The LORD sustains them on their sickbed* and ministers to them in their illness.

⁴I said, "Lord, be merciful to me;* heal me, for I have sinned against you."

⁵My enemies are saying wicked things about me:* "When will he die, and his name perish?"

⁶Even if they come to see me, they speak émpty words;* their heart collects false rumors; they go outside and spread them.

⁷All my enemies whisper together about me* and devise evil against me.

8"A deadly thing," they say, "has fastened on him;* he has taken to his bed and will never get up again."

⁹Even my best friend, whom I trusted, who broke bread with me,* has lifted up his heel and turned against me.

¹⁰ But you, O Lord, be merciful to me and raise me up,* and I shall repay them.

¹¹By this I know you are pleased with me:* that my enemy does not triumph over me.

¹²In my integrity you hold me fast,* and shall set me before your face forever.

¹³Blessed be the LORD God of Israel,* from age to age. Amen. Amen.

42

As the deer longs for the water-brooks,* so longs my soul for you, O God.

²My soul is athirst for God, athirst for the living God;* when shall I come to appear before the presence of God?

³My tears have been my food day and night,* while all day long they say to me, "Where now is your God?"

⁴I pour out my soul when I think on these things:* how I went with the multitude and led them into the house of God,

with the voice of praise and thanksgiving,* among those who keep holy-day.

6 Why are you so full of heaviness, Ó my soul?* And why are you so disquietéd within me?

⁷Put your trust in God;* for I will yet give thanks to him, who is the help of my countenance and my God.

8 My soul is heavý within me;* therefore I will remember you from the land of Jordan, and from the peak of Mizar among the heights of Hermon.

⁹One deep calls to another in the noise of your cataracts;* all your rapids and floods have gone over me.

in the daytime; *
in the night season
his song is with me,
a prayer to the God of my life.

"I will say to the God of my strength, "Why have you forgotten me,* and why do I go so heavily while the enemy oppresses me?"

¹²While my bones are being broken,* my enemies mock me fo my face;

¹³ all day long they mock me* and say to me, "Where now is your God?"

¹⁴Why are you so full of heaviness, O my soul?*

And why are you so disquieted within me?

¹⁵Put your trust in God;*
for I will yet give thanks to him,
who is the help of my countenance
and my God.

43

¹Give judgment for me, O God, and defend my cause against an ungodly people;* deliver me from the deceitful and the wicked.

²For you are the God of my strength; why have you put me from you,* and why do I go so heavily while the enemy oppresses me?

³Send out your light and your truth, that they may lead me,* and bring me to your holy hill and to your dwelling;

4that I may go to the altar of God, to the God of my joy and gladness;* and on the harp I will give thanks to you, O God my God.

⁵Why are you so full of heaviness, Ó my soul?*

And why are you so disquietéd within me?

⁶Put your trust in God;*
for I will yet give thanks to him,
who is the help of my countenance
and my God.

44

¹We have heard with our ears, O God, our forefathers have told us,*
the deeds you did in their days, in the days of old.

²How with your hand you drove the peoples out and planted our forefathers in the land,* how you destroyed nations and made your people flourish.

³For they did not take the land by their sword, nor did their arm win the victory for them,*

but your right hand, your arm, and the light of your countenance, because you favored them.

⁴You are my King and my God;* you command victories for Jacob.

⁵Through you we pushed back our adversaries;* through your name we trampled on those who rose up against us.

⁶For I do not rely on my bow,* and my sword does not give me the victory.

⁷Surely, you gave us victory over our adversaries* and put those who hate us to shame.

⁸Every day we gloried in God,* and we will praise your name forever.

⁹Nevertheless, you have rejected and humbled us* and do not go forth with our armies.

¹⁰You have made us fall back before our adversary,* and our enemies have plundered us.

"You have made us like sheep to be eaten* and have scattered us among the nations.

¹²You are selling your people for a trifle* and are making no profit on the sale of them.

¹³ You have made us the scorn of our neighbors,* a mockery and derision to those around us.

¹⁴You have made us a byword among the nations,* a laughingstock among the peoples. ¹⁵ My humiliation is daily before me,* and shame has covered my face;

¹⁶ because of the taunts

of the mockers and blasphemers,*
because of the enemy and avenger.

¹⁷All this has come upon us;*
yet we have not forgotten you,
nor have we betrayed your covenant.

¹⁸Our heart never turned back,* nor did our footsteps stray from your path;

though you thrust us down into a place of misery,* and covered us over with deep darkness.

²⁰ If we have forgotten the name of our God,*
or stretched out our hands to some strange god,

²¹ will not God find it out?*

For he knows the secrets of the heart.

² Indeed, for your sake we are killed all the day long;* we are accounted as sheep for the slaughter.

²³ Awake, O Lord! Why are you sleeping? *
Arise! Do not reject us forever.

²⁴Why have you hidden your face* and forgotten our affliction and oppression?

²⁵We sink down into the dust;* our body cleaves to the ground.

²⁶Rise úp, and help us,* and save us, for the sake of your steadfast love.

45

¹My heart is stirring with a noble song; let me recite what I have fashioned for the king;* my tongue shall be the pen of a skilled writer.

²You are the fairest of men;*
grace flows from your lips,
because God has blessed you forever.

³Strap your sword upon your thigh, O mighty warrior,* in your pride and in your majesty.

⁴Ride out and conquer in the cause of truth* and for the sake of justice.

⁵Your right hand will show you marvelous things;*
your arrows are very sharp,
O mighty warrior.

⁶The peoples are falling at your feet,* and the king's enemies are losing heart.

⁷Your throne, O God, endures forever and ever,* a scepter of righteousness is the scepter of your kingdom; you love righteousness and hate iniquity.

8 Therefore God, your God, has anointed you* with the oil of gladness above your fellows.

⁹All your garments are fragrant with myrrh, aloes, and cassia,* and the music of strings from ivory palaces makes you glad.

¹⁰Kings' daughters stand among the ladies of the court;* on your right hand is the queen, adorned with the gold of Ophir.

""Hear, O daughter; consider and listen closely;* forget your people and your father's house.

¹²The king will have pleasure in your beauty;*
he is your master;
therefore do him honor.

¹³The people of Tyre are here with a gift;* the rich among the people seek your favor."

¹⁴All glorious is the princess as she enters;* her gown is cloth-of-gold.

¹⁵In embroidered apparel she is brought to the king;* after her the bridesmaids follow in procession.

16 With joy and gladness they are brought,* and enter into the palace of the king.

17 "In place of fathers, O king, you shall have sons;* you shall make them princes over all the earth.

¹⁸I will make your name to be remembered from one generation to another;* therefore nations will praise you forever and ever."

46

¹God is our refuge and strength,* a very present help in trouble.

²Therefore we will not fear, though the earth be moved,* and though the mountains be toppled into the depths of the sea;

³though its waters fage and foam,* and though the mountains tremble at its tumult.

⁴The LORD of hosts is with us;* the God of Jacob is our stronghold.

⁵There is a river whose streams make glad the city of God,* the holy habitation of the Most High.

⁶God is in the midst of her; she shall not be overthrown;*

God shall help her at the break of day.

⁷The nations make much ado, and the kingdoms are shaken;* God has spoken, and the earth shall melt away.

⁸The LORD of hosts is with us;* the God of Jacob is our stronghold.

⁹Come now and

look upon the works of the LORD,*
what awesome things
he has done on earth.

in all the world;*

he breaks the bow,
and shatters the spear,
and burns the shields with fire.

"Be still, then, and know that I am God;*
I will be exalted among the nations;
I will be exalted in the earth."

12The LORD of hosts is with us;*
the God of Jacob is our stronghold.

47

¹Clap your hands, all you peoples;* shout to God with a cry of joy.

²For the LORD Most High is to be feared;* he is the great king over all the earth.

³He subdues the peoples under us,* and the nations under our feet.

⁴He chooses our inheritance for us,* the pride of Jacob whom he loves.

⁵God has gone up with a shout,* the LORD with the sound of the ram's horn.

⁶Sing praises to God, sing praises;* sing praises to our king, sing praises.

⁷For God is king of all the earth;* sing praises with all your skill.

⁸God reigns over the nations;*
God sits upon his holy throne.

⁹The nobles of the peoples have gathered together* with the people of the God of Abraham.

¹⁰The rulers of the earth belong to God,* and he is highly exalted.

48

Great is the LORD, and highly to be praised;* in the city of our God is his holy hill.

²Beautiful and lofty, the joy of all the earth, is the hill of Zion,* the very center of the world and the city of the great king.

³God is in her citadels;*
he is known to be her sure refuge.

⁴Behold, the kings of the earth assembled*

and marched forward together.

⁵They looked and were astounded;* they retreated and fled in terror.

⁶Trembling seized them there;*
they writhed
like a woman in childbirth,
like ships of the sea
when the east wind shatters them.

⁷As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God;*

God has established her forever.

⁸We have waited in silence on your lovingkindness, O God,* in the midst of your temple.

⁹Your praise, like your name, O God, reaches to the world's end;* your right hand is full of justice.

¹⁰Let Mount Zion be glad and the cities of Judah rejoice,* because of your judgments.

"Make the circuit of Zion; walk found about her;* count the number of her towers.

¹²Consider well her bulwarks; examine her strongholds;* that you may tell those who come after.

¹³This God is our God forever and ever;* he shall be our guide forevermore.

49

Hear this, all you peoples; hearken, all you who dwell in the world,* you of high degree and low, rich and poor together.

²My mouth shall speak of wisdom,* and my heart shall meditate on understanding.

³I will incline my ear to a proverb* and set forth my riddle upon the harp.

⁴Why should I be afraid in évil days,* when the wickedness of those at my heels surrounds me,

5 the wickedness of those who put their trust in their goods,*

and boast of their great riches?

⁶We can never ransom ourselves,* or deliver to God the price of our life;

⁷for the ransom of our life is so great,* that we should never have enough to pay it,

8 in order to live forever and ever,* and never see the grave.

⁹For we see that the wise die also; like the dull and stupid they perish* and leave their wealth to those who come after them.

On Their graves shall be their homes forever, their dwelling-places from generation to generation, though they call the lands after their own names.

"Even though honored, they cannot live forever;* they are like the beasts that perish.

¹² Such is the way of those who foolishly trust in themselves,* and the end of those who delight in their own words.

¹³ Like a flock of sheep they are destined to die; death is their shepherd;* they go down straightway to the grave.

¹⁴Their form shall waste away,* and the land of the dead shall be their home.

¹⁵ But God will ransom my life;* he will snatch me from the grasp of death.

¹⁶ Do not be envious when some become rich,* or when the grandeur of their house increases;

¹⁷ for they will carry nothing away at their death,* nor will their grandeur follow them.

¹⁸Though they thought highly of themselves while they lived,* and were praised for their success,

19 they shall join the company of their forebears,* who will never see the light again.

Those who are honored,
but have no understanding,*
are like the beasts that perish.

50

¹The LORD, the God of gods, has spoken;* he has called the earth from the rising of the sun to its setting.

²Out of Zion, perfect in its beauty,* God reveals himself in glory.

³Our God will come and will not keep silence;* before him there is a consuming flame, and round about him a faging storm.

⁴He calls the heavens and the earth from above* to witness the judgment of his people.

5"Gather before me my loyal followers,* those who have made a covenant with me and sealed it with sacrifice."

⁶Let the heavens declare the rightness of his cause;* for God himself is judge.

⁷Hear, O my people, and I will speak: "O Israel, I will bear witness against you;* for I am God, your God.

8I do not accuse you because of your sacrifices; * your offerings are always before me.

⁹I will take no bull-calf from your stalls,* nor he-goats out of your pens;

for all the beasts of the forest are mine,* the herds in their thousands upon the hills.

"I know every bird in the sky,* and the creatures of the fields are in my sight.

¹² If I were hungry, I would not tell you,* for the whole world is mine and all that is in it.

¹³Do you think I eat the flesh of bulls,* or drink the blood of goats? ¹⁴Offer to God

a sacrifice of thanksgiving* and make good your vows to the Most High.

¹⁵Call upon me in the day of trouble;* I will deliver you, and you shall honor me."

¹⁶But to the wickéd God says:* "Why do you recite my statutes, and take my covenant upón your lips;

¹⁷since you fefuse discipline,* and toss my words behind your back?

¹⁸ When you see a thief, you make him your friend,* and you cast in your lot with adulterers.

¹⁹You have loosed your lips for evil,* and harnessed your tongue to a lie.

²⁰You are always speaking evil of your brother* and slandering your own mother's son.

²¹These things you have done, and I kept still,*
and you thought that I am like you.

²I have made my accusation;* I have put my case in order before your eyes.

²³Consider this well, you who forget God,* lest I rend you and there be none to deliver you.

²⁴ Whoever offers me the sacrifice of thanksgiving honors me;* but to those who keep in my way will I show the salvation of God."

51

¹Have mercy on me, O God, according to your lovingkindness;* in your great compassion blot out my offenses.

²Wash me through and through from my wickedness,*

and cleanse me from my sin.

³For I know my transgressions,* and my sin is ever before me.

⁴Against you only have I sinned* and done what is evil in your sight.

⁵And so you are justified when you speak* and upright in your judgment.

⁶Indeed, I have been wicked from my birth,*

a sinner from my mother's womb.

⁷For behold, you look for truth deep within me,*
and will make me understand wisdom secretly.

⁸Purge me from my sin, and I shall be pure;* wash me, and I shall be clean indeed.

Make me hear of joy and gladness,* that the body you have broken may rejoice.

¹⁰Hide your face from my sins,* and blot out all my iniquities.

¹¹Create in me a clean heart, O God,* and renew a right spirit within me.

¹²Cast me not away from your presence,* and take not your Holy Spirit from me.

Of your saving help again, and sustain me with your bountiful Spirit.

¹⁴I shall teach your ways to the wicked,* and sinners shall return to you.

¹⁵Deliver me from death, O God,* and my tongue shall sing of your righteousness, O God of my salvation.

¹⁶Open my lips, O Lord,* and my mouth shall proclaim your praise.

¹⁷Had you desired it, I would have offered sacrifice,* but you take no delight in burnt-offerings.

¹⁸The sacrifice of God is a troubled spirit;* a broken and contrite heart, O God, you will not despise.

¹⁹Be favorable and gracious to Zion,* and rebuild the walls of Jerusalem.

²⁰Then you will be pleased with the appointed sacrifices, with burnt-offerings and oblations;* then shall they offer young bullocks upon your altar.

53

¹The fool has said in his heart, "There is no God."*

All are corrupt

and commit abominable acts;

there is none who does any good.

²God looks down from heaven upon us all,*

to see if there is any who is wise, if there is one who seeks after God.

³Every one has proved faithless; all alike have turned bad;* there is none who does good; no, not one.

⁴Have they no knowledge, those évildoers*

who eat up my people like bread and do not call upon God?

⁵See how greatly they tremble, such trembling as never was;* for God has scattered the bones of the enemy; they are put to shame, because God has rejected them.

⁶Oh, that Israel's deliverance would come out of Zion!* When God restores the fortunes of his people, Jacob will rejoice and Israél be glad.

54

¹Save me, O God, by your name;* in your might, defend my cause. ²Hear my prayer, O God;* give ear to the words of my mouth. ³For the arrogant have risen up against me, and the ruthless have sought my life,* those who have no regard for God.

⁴Behold, God is my helper;*
it is the Lord who sustains my life.

⁵Render evil to those who spy on me;* in your faithfulness, destroy them.

6I will offer you a freewill sacrifice* and praise your name, O Lord, for it is good.

⁷For you have rescued me from évery trouble,*
and my eye
has seen the ruin óf my foes.

56

¹Have mercy on me, O God, for my enemies are hounding me;* all day long they assault and oppress me.

²They hound me all the day long;* truly there are many who fight against me, O Most High.

³Whenever I am afraid,*
I will put my trust in you.

⁴In God, whose word I praise, in God I trust and will not be afraid,* for what can flesh do to me?

⁵All day long they damage my cause;* their only thought is to do me evil.

⁶They band together; they lie in wait;* they spy upon my footsteps; because they seek my life.

⁷Shall they escape despite their wickedness?* O God, in your anger, cast down the peoples.

8 You have noted my lamentation; put my tears into your bottle;* are they not recorded in your book?

⁹Whenever I call upon you, my enemies will be put to flight;* this I know, for God is on my side.

¹⁰In God the LORD, whose word I praise, in God I trust and will not be afraid,*

for what can mortals do to me?

"I am bound by the vow
I made to you, O God;*
I will present to you thank-offerings;

for you have rescued
my soul from death
and my feet from stumbling,*
that I may walk before God
in the light of the living.

57

¹Be merciful to me, O God, be merciful, for I have taken refuge in you; * in the shadow of your wings will I take refuge until this time of trouble has gone by.
²I will call upon the Most High God, *

the God who maintains my cause.

³He will send from heaven and save me; he will confound those who trample upon me;*

God will send forth his love

God will send forth his love and his faithfulness.

⁴I lie in the midst of lions that devour the people; * their teeth are spears and arrows, their tongue a sharp sword.

⁵They have laid a net for my feet, and I am bowed low; * they have dug a pit before me, but have fallen into it themselves.

⁶Exalt yourself above the heavens, O God,* and your glory over all the earth.

⁷My heart is firmly fixed,
O God, my heart is fixed;
I will sing and make melody.

⁸Wake up, my spirit; awake, lute and harp;* I myself will waken the dawn.

⁹I will confess you among the peoples, O Lord; *

I will sing praise to you among the nations.

¹⁰For your lovingkindness is greater than the heavens,*

and your faithfulness reaches to the clouds.

¹¹Exalt yourself above the heavens, O God,* and your glory over all the earth.

61

¹Hear my cry, O God,* and listen to my prayer.

²I call upon you from the ends of the earth with heaviness in my heart; * set me upon the rock that is higher than I.

³For you have been my refuge,* a strong tower against the enemy.

⁴I will dwell in your house forever; *
I will take refuge
under the cover of your wings.

⁵For you, O God, have heard my vows; * you have granted me the heritage of those who fear your name.

⁶Add length of days to the king's life; * let his years extend over many generations.

⁷Let him sit enthroned before God forever;* bid love and faithfulness watch over him.

⁸ So will I always sing the praise of your name,* and day by day I will fulfill my vows.

62

¹For God alone my soul in silence waits; * from him comes my salvation.

²He alone is my rock and my salvation,* my stronghold, so that I shall not be greatly shaken.

³How long will you assail me to crush me, all of you together,* as if you were a leaning fence, a toppling wall? ⁴They seek only to bring me down from my place of honor;*
lies are their chief delight.

⁵They bless with their lips,* but in their hearts they curse.

⁶For God alone my soul in silence waits;* truly, my hope is in him.

⁷He alone is my rock and my salvation,* my stronghold, so that I shall not be shaken.

8In God is my safety and my honor;* God is my strong rock and my refuge.

⁹ Put your trust in him always, O people,* pour out your hearts before him, for God is our refuge.

¹⁰Those of high degree are but a fleeting breath,* even those of low estate cannot be trusted.

"On the scales they are lighter than a breath,* all of them together.

Put no trust in extortion; in robbery take no empty pride;* though wealth increase, set not your heart upon it.

¹³God has spoken once, twice have I heard it,* that power belongs to God.

¹⁴Steadfast love is yours, O Lord,* for you repay everyone according to his deeds.

63

¹O God, you are my God; eagerly I seek you;* my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.

²Therefore I have gazed upon you in your holy place,*
that I might behold your power and your glory.

³For your lovingkindness is better than life itself;* my lips shall give you praise.

⁴So will I bless you as long as I live* and lift up my hands in your name.

⁵My soul is content, as with marrow and fatness,* and my mouth praises you with joyful lips,

6when I remember you upon my bed,* and meditate on you in the night watches.

⁷For you have been my helper,* and under the shadow of your wings I will rejoice.

8 My soul clings to you;* your right hand holds me fast.

May those who seek my life to destroy it* go down into the depths of the earth;

upon the edge of the sword,*
and let them be food for jackals.

"But the king will rejoice in God; all those who swear by him will be glad;* for the mouth of those

who speak lies shall be stopped.

65

¹You are to be praised, O God, in Zion;* to you shall vows be performed in Jerusalem.

²To you that hear prayer shall all flesh come,*
because of their transgressions.

³Our sins are stronger than we are,* but you will blot them out.

⁴Happy are they whom you choose and draw to your courts to dwell there!* They will be satisfied by the beauty of your house, by the holiness of your temple.

⁵Awesome things will you show us in your righteousness,

O God of our salvation,*
O Hope of all the ends of the earth and of the seas that are far away.

⁶You make fast the mountains by your power;* they are girded about with might.

⁷You still the roaring of the seas,* the roaring of their waves, and the clamor of the peoples.

⁸Those who dwell at the ends of the earth will tremble at your marvelous signs;* you make the dawn and the dusk to sing for joy.

⁹ You visit the earth and water it abundantly; you make it very plenteous;* the river of God is full of water.

¹⁰You prepare the grain,* for so you provide for the earth.

"You drench the furrows and smooth out the ridges;* with heavy rain you soften the ground and bless its increase.

¹² You crown the year with your goodness,* and your paths overflow with plenty.

¹³ May the fields of the wilderness be rich for grazing,* and the hills be clothed with joy.

¹⁴ May the meadows cover themselves with flocks, and the valleys cloak themselves with grain;* let them shout for joy and sing.

66

¹Be joyful in God, all you lands;* sing the glory of his name; sing the glory of his praise.

²Say to God,

"How awesome are your deeds!*

Because of your great strength
your enemies cringe before you.

³All the earth bows down before you,* sings to you, sings out your name."

4Come now and see the works of God,* how wonderful he is in his doing toward all people. ⁵He turned the sea into dry land, so that they went through the water on foot,* and there we rejoiced in him.

⁶In his might he rules forever; his eyes keep watch over the nations;* let no rebel rise up against him.

⁷Bless our God, you peoples;* make the voice of his praise to be heard,

8who holds our souls in life,* and will not allow our feet to slip.

⁹For you, O God, have proved us;* you have tried us just as silver is tried.

You brought us into the snare;* you laid heavy burdens upon our backs.

"You let enemies ride over our heads; we went through fire and water,* but you brought us out into a place of refreshment.

¹²I will enter your house with burnt-offerings and will pay you my vows,* which I promised with my lips and spoke with my mouth when I was in trouble.

¹³ I will offer you sacrifices of fat beasts with the smoke of rams;* I will give you oxen and goats.

¹⁴Come and listen, all you who fear God,* and I will tell you what he has done for me.

¹⁵I called out to him with my mouth,* and his praise was on my tongue.

16 If I had found evil in my heart,* the Lord would not have heard me;

¹⁷but in truth God has heard me;*
he has attended
to the voice of my prayer.

¹⁸ Blessed be God, who has not rejected my prayer,* nor withheld his love from me.

67

¹May God be merciful to us and bless us,*

show us the light of his countenance, and come to us.

²Let your ways be known upon earth,* your saving health among all nations.

³Let the peoples praise you, O God;* let all the peoples praise you.

⁴Let the nations be glad and sing for joy,* for you judge the peoples with equity and guide all the nations upon earth.

⁵Let the peoples praise you, O God;* let all the peoples praise you.

⁶The earth has brought forth her increase; *

may God, our own God, give us his blessing.

⁷May God give us his blessing,* and may all the ends of the earth stand in awe of him.

68

¹Let God arise, and let his enemies be scattered;* let those who hate him flee before him.

²Let them vanish like smoke when the wind drives it away; * as the wax melts at the fire, so let the wicked perish at the presence of God.

³But let the righteous be glad and rejoice before God;* let them also be merry and joyful.

⁴Sing to God, sing praises to his name; exalt him who rides upon the heavens; * YAHWEH is his name,

rejoice before him!

⁵Father of orphans, defender of widows,*

God in his holy habitation!

⁶God gives the solitary a home and brings forth prisoners into freedom;* but the rebels shall live in dry places.

O God, when you went forth before your people,* when you marched through the wilderness, 8 the earth shook, and the skies poured down rain, at the presence of God, the God of Sinai,* at the presence of God, the God of Israel.

⁹You sent a gracious rain, O God, upon your inheritance;* you refreshed the land when it was weary.

Your people found their home in it;* in your goodness, O God, you have made provision for the poor.

"The Lord gave the word;*
great was the company of women
who bore the tidings:

12 "Kings with their armies are fleeing away;*
the women at home are dividing the spoils."

¹³Though you lingered among the sheepfolds,* you shall be like a dove whose wings are covered with silver, whose feathers are like green gold.

¹⁴When the Almighty scattered kings,* it was like snow falling in Zalmon.

O mighty mountain, O hill of Bashan!* O rugged mountain, O hill of Bashan!

O rugged mountain, at the hill which God chose for his resting-place?* Truly, the LORD will dwell there forever.

¹⁷The chariots of God are twenty thousand, even thousands of thousands;*
the Lord comes in holiness from Sinai.

¹⁸ You have gone up on high and led captivity captive; you have received gifts even from your enemies,* that the LORD God might dwell among them.

¹⁹ Blessed be the Lord day by day,* the God of our salvation, who bears our burdens. ²⁰He is our God, the God of our salvation;* God is the LORD, by whom we escape death.

²¹God shall crush the heads of his enemies,*
and the hairy scalp of those who go on still in their wickedness.

²²The Lord has said, "I will bring them back from Bashan;*
I will bring them back from the depths of the sea;

²³that your foot may be dipped in blood,* the tongues of your dogs in the blood of your enemies."

²⁴They see your procession, O God,* your procession into the sanctuary, my God and my King.

²⁵The singers go before, musicians follow after,* in the midst of maidens playing upon the hand-drums.

²⁶Bless God in the congregation; *
bless the LORD,
you that are of the fountain of Israel.

²⁷There is Benjamin, least of the tribes, at the head; the princes of Judah in a company;* and the princes of Zebulon and Naphtali.

²⁸ Send forth your strength, O God;* establish, O God, what you have wrought for us.

²⁹Kings shall bring gifts to you,* for your temple's sake at Jerusalem.

³⁰Rebuke the wild beast of the reeds,* and the peoples, a herd of wild bulls with its calves.

³¹Trample down those who lust after silver;* scatter the peoples that delight in war.

³²Let tribute be brought out of Egypt;* let Ethiopia stretch out her hands to God.

³³Sing to God, O kingdoms of the earth;*

sing praises to the Lord.

34He rides in the heavens,
the ancient heavens;*
he sends forth his voice

he sends forth his voice, his mighty voice.

³⁵Ascribe power to God;* his majesty is over Israel; his strength is in the skies.

How wonderful is God in his holy places, the God of Israel giving strength and power to his people! Blessed be God!

69

¹Save me, O God,* for the waters have risen up to my neck.

²I am sinking in deep mire,* and there is no firm ground for my feet.

³I have come into deep waters,* and the torrent washes over me.

⁴I have grown weary with my crying; my throat is inflamed; *
my eyes have failed from looking for my God.

⁵Those who hate me without a cause are more than the hairs of my head; my lying foes

who would destroy me are mighty.*

Must I then give back
what I never stole?

⁶O God, you know my foolishness,* and my faults are not hidden from you.

⁷Let not those who hope in you be put to shame through me, Lord God of hosts;*
let not those who seek you be disgraced because of me, O God of Israel.

⁸ Surely, for your sake have I suffered reproach,* and shame has covered my face.

⁹I have become a stranger to my own kindred,*

- an alien to my mother's children.
- ¹⁰Zeal for your house has eaten me up;* the scorn of those who scorn you has fallen upon me.
- "I humbled myself with fasting,* but that was turned to my reproach.
- ¹²I put on sackcloth also,* and became a byword among them.
- ¹³Those who sit at the gate murmur against me,* and the drunkards make songs about me.
- ¹⁴But as for me, this is my prayer to you,* at the time you have set, O LORD:
- 15 "In your great mercy, O God,* answer me with your unfailing help.
- ¹⁶ Save me from the mire; do not let me sink;* let me be rescued from those who hate me and out of the deep waters.
- ¹⁷Let not the torrent of waters wash over me, neither let the deep swallow me up;* do not let the pit shut its mouth upon me.
- ¹⁸ Answer me, O LORD, for your love is kind;* in your great compassion, turn to me.
- ¹⁹ Hide not your face from your servant;* be swift and answer me, for I am in distress.
- ²⁰Draw near to me and redeem me;* because of my enemies deliver me.
- ²¹You know my reproach, my shame, and my dishonor;* my adversaries are all in your sight."
- ²²Reproach has broken my heart, and it cannot be healed;* I looked for sympathy, but there was none, for comforters, but I could find no one.
- ²³They gave me gall to eat,* and when I was thirsty, they gave me vinegar to drink.
- ²⁴Let the table before them be a trap*

- and their sacred feasts a snare.
- ²⁵Let their eyes be darkened, that they may not see,* and give them continual trembling in their loins.
- ²⁶Pour out your indignation upon them,* and let the fierceness of your anger overtake them.
- ²⁷Let their camp be desolate,*
 and let there be none
 to dwell in their tents.
- ²⁸For they persecute him whom you have stricken* and add to the pain of those whom you have pierced.
- ²⁹Lay to their charge guilt upon guilt,* and let them not receive your vindication.
- ³⁰Let them be wiped out of the book of the living* and not be written among the righteous.
- ³¹ As for me, I am afflicted and in pain;* your help, O God, will lift me up on high.
- ³²I will praise the name of God in song;* I will proclaim his greatness with thanksgiving.
- ³³This will please the LORD more than an offering of oxen,* more than bullocks with horns and hoofs.
- ³⁴The afflicted shall see and be glad;* you who seek God, your heart shall live.
- 35 For the LORD listens to the needy,* and his prisoners he does not despise.
- ³⁶Let the heavens and the earth praise him,* the seas and all that moves in them;
- ³⁷ for God will save Zion and rebuild the cities of Judah;* they shall live there and have it in possession.
- 38 The children of his servants will inherit it,* and those who love his name will dwell therein.

70

¹Be pleased, O God, to deliver me;*
O LORD, make haste to help me.

²Let those who seek my life be ashamed and altogether dismayed;*

let those

who take pleasure in my misfortune draw back and be disgraced.

³Let those who say to me "Aha!" and gloat over me turn back, * because they are ashamed.

⁴Let all who seek you rejoice and be glad in you; * let those who love your salvation say forever, "Great is the LORD!"

⁵But as for me, I am poor and needy; * come to me speedily, O God.

⁶You are my helper and my deliverer; * O LORD, do not tarry.

71

In you, O Lord, have I taken refuge;* let me never be ashamed.

²In your righteousness, deliver me and set me free;* incline your ear to me and save me.

³Be my strong rock, a castle to keep me safe;* you are my crag and my stronghold.

⁴Deliver me, my God, from the hand of the wicked,* from the clutches of the evildoer and the oppressor.

⁵For you are my hope, O Lord God, * my confidence since I was young.

⁶I have been sustained by you ever since I was born; from my mother's womb you have been my strength; * my praise shall be always of you.

⁷I have become a portent to many; but you are my refuge and my strength.

8 Let my mouth be full of your praise* and your glory all the day long. ⁹Do not cast me off in my old age;*
forsake me not
when my strength fails.

¹⁰For my enemies are talking against me,* and those who lie in wait for my life take counsel together.

"They say, "God has forsaken him; go after him and seize him; "because there is none who will save."

¹²O God, be not far from me;*
come quickly to help me, O my God.

¹³ Let those who set themselves against me be put to shame and be disgraced; * let those who seek to do me evil be covered with scorn and reproach.

¹⁴But I shall always wait in patience,* and shall praise you more and more.

¹⁵ My mouth shall recount your mighty acts and saving deeds all day long;* though I cannot know the number of them.

of the Lord God; *

I will recall your righteousness, yours alone.

¹⁷O God, you have taught me since I was young,* and to this day I tell of your wonderful works.

¹⁸ And now that I am old and gray-headed, O God, do not forsake me,* till I make known your strength to this generation and your power to all who are to come.

¹⁹Your righteousness, O God, reaches to the heavens; * you have done great things; who is like you, O God?

²⁰You have shown me great troubles and adversities,* but you will restore my life and bring me up again from the deep places of the earth.

²¹You strengthen me more and more; * you enfold and comfort me.

²Therefore I will praise you upon the lyre for your faithfulness, O my God;*
I will sing to you with the harp,

O Holy One of Israel.

²³My lips will sing with joy when I play to you,* and so will my soul, which you have redeemed.

²⁴My tongue will proclaim your righteousness all day long,* for they are ashamed and disgraced who sought to do me harm.

72

Give the king your justice, O God,* and your righteousness to the king's son;

²that he may rule your people righteously* and the poor with justice;

³that the mountains may bring prosperity to the people,* and the little hills bring righteousness.

⁴He shall defend the needy among the people;*
he shall rescue the poor and crush the oppressor.

⁵He shall live as long as the sun and moon endure,* from one generation to another.

⁶He shall come down like rain upon the mown field,* like showers that water the earth.

⁷In his time shall the righteous flourish;* there shall be abundance of peace till the moon shall be no more.

8He shall rule from sea to sea,* and from the river to the ends of the earth.

⁹His foes shall bow down before him,* and his enemies lick the dust.

¹⁰The kings of Tarshish and of the isles shall pay tribute,*

and the kings of Arabia and Saba offer gifts.

All kings shall bow down before him,* and all the nations do him service.

¹²For he shall deliver the poor who cries out in distress,* and the oppressed who has no helper.

¹³He shall have pity on the lowly and poor;* he shall preserve the lives of the needy.

¹⁴He shall redeem their lives from oppression and violence,* and dear shall their blood be in his sight.

Is Long may he live!

And may there be given to him gold from Arabia;*

may prayer be made for him always; and may they bless him all the day long.

of grain on the earth, growing thick even on the hilltops;* may its fruit flourish like Lebanon, and its grain like grass upon the earth.

¹⁷ May his name remain forever and be established as long as the sun endures;* may all the nations bless themselves in him and call him blessed.

Blessed be the Lord God, the God of Israel,* who alone does wondrous deeds!

¹⁹And blessed be his glorious name forever,*

and may all the earth be filled with his glory. Amen. Amen.

73

¹Truly, God is good to Israel,* to those who are pure in heart.

²But as for me, my feet had nearly slipped;* I had almost tripped and fallen;

³because I envied the proud* and saw the prosperity of the wicked.

⁴For they suffer no pain,* and their bodies are sleek and sound;

⁵in the misfortunes of others they have no share;*

they are not afflicted as others are;

6therefore they wear their pride like a necklace* and wrap their violence about them like a cloak.

⁷Their iniquity comes from gross minds,* and their hearts overflow with wicked thoughts.

⁸They scoff and speak maliciously;* out of their haughtiness they plan oppression.

⁹They set their mouths against the heavens,* and their evil speech runs through the world.

¹⁰And so the people turn to them* and find in them no fault.

¹¹They say, "How should God know?* Is there knowledge in the Most High?"

¹²So then, these are the wicked;* always at ease, they increase their wealth.

¹³In vain have I kept my heart clean,* and washed my hands in innocence.

¹⁴I have been afflicted all day long,* and punished every morning.

¹⁵Had I gone on speaking this way,* I should have betrayed the generation of your children.

¹⁶When I tried to understand these things,* it was too hard for me;

¹⁷until I entered the sanctuary of God* and discerned the end of the wicked.

¹⁸Surely, you set them in slippery places;* you cast them down in ruin.

¹⁹Oh, how suddenly do they come to destruction,* come to an end, and perish from terror!

²⁰Like a dream when one awakens, O Lord.*

when you arise you will make their image vanish.

²¹ When my mind became embittered,* I was sorely wounded in my heart.

²I was stupid and had no understanding;* I was like a brute beast in your presence.

²³Yet I am always with you;* you hold me by my right hand.

²⁴You will guide me by your counsel,* and afterwards receive me with glory.

²⁵Whom have I in heaven but you?* And having you,

I desire nothing upon earth.

²⁶Though my flesh and my heart should waste away,* God is the strength of my heart and my portion forever.

²⁷Truly, those who forsake you will perish;*

you destroy all who are unfaithful.

²⁸But it is good for me to be near God;* I have made the Lord God my refuge.

²⁹I will speak of all your works* in the gates of the city of Zion.

78

¹Hear my teaching, O my people;* incline your ears to the words of my mouth.

²I will open my mouth in a parable;* I will declare the mysteries of ancient times.

³That which we have heard and known, and what our forefathers have told us,* we will not hide from their children.

⁴We will recount to generations to come the praiseworthy deeds and the power of the Lord,*

and the wonderful works he has done.

⁵He gave his decrees to Jacob and established a law for Israel,* which he commanded them to teach their children;

6that the generations to come might know,

and the children yet unborn;*
that they in their turn
might tell it to their children;

⁷so that they might put their trust in God,* and not forget the deeds of God, but keep his commandments,

8 and not be like their forefathers, a stubborn and rebellious generation,* a generation whose heart was not steadfast, and whose spirit was not faithful to God.

⁹The people of Ephraim, armed with the bow,* turned back in the day of battle;

they did not keep the covenant of God,* and refused to walk in his law;

"they forgot what he had done,*
and the wonders he had shown them.

¹² He worked marvels in the sight of their forefathers,* in the land of Egypt, in the field of Zoan.

¹³ He split open the sea and let them pass through;* he made the waters stand up like walls.

¹⁴He led them with a cloud by day,* and all the night through with a glow of fire.

15 He split the hard rocks in the wilderness* and gave them drink as from the great deep.

¹⁶He brought streams out of the cliff,* and the waters gushed out like rivers.

¹⁷But they went on sinning against him,* rebelling in the desert against the Most High.

¹⁸They tested God in their hearts,*

demanding food for their craving.

19 They railed against God and said,*

"Can God set a table in the wilderness?

²⁰True, he struck the rock, the waters gushed out, and the gullies overflowed;* but is he able to give bread or to provide meat for his people?"

²¹When the LORD heard this, he was full of wrath;* a fire was kindled against Jacob, and his anger mounted against Israel;

²² for they had no faith in God,* nor did they put their trust in his saving power.

²³So he commanded the clouds above* and opened the doors of heaven.

²⁴He rained down manna upon them to eat*
and gave them grain from heaven.

²⁵ So mortals ate the bread of angels;* he provided for them food enough.

²⁶ He caused the east wind to blow in the heavens* and led out the south wind by his might.

²⁷He rained down flesh upon them like dust*
and winged birds like the sand of the sea.

²⁸He let it fall in the midst of their camp* and round about their dwellings.

²⁹So they ate and were well filled,* for he gave them what they craved.

³⁰ But they did not stop their craving,* though the food was still in their mouths.

³¹So God's anger mounted against them; * he slew their strongest men and laid low the youth of Israel.

³² In spite of all this, they went on sinning* and had no faith in his wonderful works.

³³So he brought their days to an end like a breath*
and their years in sudden terror.

- ³⁴Whenever he slew them, they would seek him,* and repent, and diligently search for God.
- 35 They would remember that God was their rock,* and the Most High God their redeemer.
- 36 But they flattered him with their mouths* and lied to him with their tongues.
- ³⁷Their heart was not steadfast toward him,*
 and they were not faithful to his covenant.
- *But he was so merciful
 that he forgave their sins
 and did not destroy them; *
 many times he held back his anger
 and did not permit his wrath
 to be roused;
- ³⁹ for he remembered that they were but flesh,* a breath that goes forth and does not return.
- *OHow often the people disobeyed him in the wilderness* and offended him in the desert!
- ⁴¹ Again and again they tempted God* and provoked the Holy One of Israel.
- ⁴²They did not remember his power* in the day when he ransomed them from the enemy;
- ⁴³how he wrought his signs in Egypt* and his omens in the field of Zoan.
- ⁴⁴He turned their rivers into blood,* so that they could not drink of their streams.
- ⁴⁵ He sent swarms of flies among them, which ate them up,* and frogs, which destroyed them.
- ⁴⁶He gave their crops to the caterpillar,* the fruit of their toil to the locust.
- ⁴⁷He killed their vines with hail* and their sycamores with frost.
- 48 He delivered their cattle to hailstones* and their livestock to hot thunderbolts.

- ⁴⁹He poured out upon them his blazing anger:* fury, indignation, and distress, a troop of destroying angels.
- 50 He gave full rein to his anger; he did not spare their souls from death;* but delivered their lives to the plague.
- 51 He struck down all the firstborn of Egypt,* the flower of manhood in the dwellings of Ham.
- ⁵²He led out his people like sheep* and guided them in the wilderness like a flock.
- ⁵³He led them to safety, and they were not afraid;* but the sea overwhelmed their enemies.
- ⁵⁴He brought them to his holy land,* the mountain his right hand had won.
- before them and apportioned an inheritance to them by lot; *
 he made the tribes of Israel to dwell in their tents.
- 56 But they tested the Most High God, and defied him,* and did not keep his commandments.
- ⁵⁷They turned away and were disloyal like their fathers; * they were undependable like a warped bow.
- 58 They grieved him with their hill-altars* and provoked his displeasure with their idols.
- 59 When God heard this, he was angry* and utterly rejected Israel.
- ⁶⁰He forsook the shrine at Shiloh,* the tabernacle where he had lived among his people.
- ⁶¹He delivered the ark into captivity,* his glory into the adversary's hand.
- ⁶²He gave his people to the sword* and was angered against his inheritance.
- ⁶³The fire consumed their young men;*

there were no wedding songs for their maidens.

64Their priests fell by the sword,* and their widows made no lamentation.

65 Then the LORD woke as though from sleep,* like a warrior refreshed with wine.

66 He struck his enemies on the backside* and put them to perpetual shame.

⁶⁷He rejected the tent of Joseph* and did not choose the tribe of Ephraim;

⁶⁸he chose instead the tribe of Judah* and Mount Zion, which he loved.

⁶⁹He built his sanctuary like the heights of heaven,* like the earth which he founded forever.

[∞]He chose David his servant,* and took him away from the sheepfolds.

71 He brought him from following the ewes,* to be a shepherd over Jacob his people and over Israel his inheritance.

⁷²So he shepherded them
with a faithful and true heart*
and guided them
with the skillfulness of his hands.

80

¹Hear, O Shepherd of Israel, leading Joseph like a flock;* shine forth, you that are enthroned upon the cherubim.

²In the presence of Ephraim, Benjamin, and Manasseh,*
stir up your strength
and come to help us.

³Restore us, O God of hosts;* show the light of your countenance, and we shall be saved.

4O LORD God of hosts,* how long will you be angered despite the prayers of your people? ⁵You have fed them with the bread of tears;* you have given them bowls of tears to drink.

⁶You have made us the derision of our neighbors,* and our enemies laugh us to scorn.

⁷Restore us, O God of hosts;*
show the light of your countenance,
and we shall be saved.

8 You have brought a vine out of Egypt;* you cast out the nations and planted it.

⁹You prepared the ground for it;*
it took root and filled the land.

The mountains were covered by its shadow* and the towering cedar trees by its boughs.

¹¹You stretched out its tendrils to the sea* and its branches to the river.

¹²Why have you broken down its wall,* so that all who pass by pluck off its grapes?

¹³The wild boar of the forest has ravaged it,* and the beasts of the field have grazed upon it.

¹⁴Turn now, O God of hosts, look down from heaven; behold and tend this vine;*, preserve what your right hand has planted.

¹⁵They burn it with fire like rubbish;* at the rebuke of your countenance let them perish.

16 Let your hand be upon the man of your right hand,* the son of man you have made so strong for yourself.

¹⁷And so will we never turn away from you;* give us life, that we may call upon your name.

¹⁸ Restore us, O LORD God of hosts;* show the light of your countenance, and we shall be saved.

81

Sing with joy to God our strength* and raise a loud shout to the God of Jacob.

²Raise a song and sound the timbrel,* the merry harp, and the lyre.

³Blow the ram's horn at the new moon,* and at the full moon, the day of our feast;

⁴ for this is a statute for Israel, * a law of the God of Jacob.

⁵He laid it

as a solemn charge upon Joseph,* when he came out of the land of Egypt.

⁶I heard an unfamiliar voice saying,*
"I eased his shoulder
from the burden;
his hands were set free
from bearing the load."

⁷You called on me in trouble,
and I saved you; *
I answered you
from the secret place of thunder
and tested you
at the waters of Meribah.

8Hear, O my people, and I will admonish you: * O Israel, if you would but listen to me!

⁹There shall be no strange god among you; *
you shall not worship a foreign god.

OI am the LORD your God, who brought you out of the land of Egypt and said,* "Open your mouth wide, and I will fill it."

"And yet my people did not hear my voice,* and Israel would not obey me.

¹²So I gave them over to the stubbornness of their hearts,* to follow their own devices.

¹³Oh, that my people would listen to me,* that Israel would walk in my ways! ¹⁴I should soon subdue their enemies* and turn my hand against their foes.

Those who hate the LORD would cringe before him,* and their punishment would last forever.

¹⁶But Israel would I feed with the finest wheat* and satisfy him with honey from the rock.

82

God takes his stand in the council of heaven;* he gives judgment in the midst of the gods:

²"How long will you judge unjustly,* and show favor to the wicked?

³Save the weak and the orphan; * defend the humble and needy;

⁴rescue the weak and the poor; * deliver them from the power of the wicked.

⁵They do not know, neither do they understand; they go about in darkness; * all the foundations of the earth are shaken.

⁶Now I say to you, 'You are gods,* and all of you children of the Most High;

⁷nevertheless, you shall die like mortals, * and fall like any prince.'"

⁸ Arise, O God, and rule the earth, * for you shall take all nations for your own.

84

How dear to me is your dwelling,
O LORD of hosts! *
My soul has a desire and longing
for the courts of the LORD;
my heart and my flesh rejoice
in the living God.

²The sparrow has found her a house and the swallow a nest where she may lay her young,* by the side of your altars, O LORD of hosts, my King and my God.

³Happy are they who dwell in your house!*

They will always be praising you.

⁴Happy are the people whose strength is in you,* whose hearts are set on the pilgrims' way.

⁵Those who go through the desolate valley will find it a place of springs,* for the early rains have covered it with pools of water.

⁶They will climb from height to height,* and the God of gods will reveal himself in Zion.

⁷LORD God of hosts, hear my prayer;* hearken, O God of Jacob.

⁸Behold our defender, O God;* and look upon the face of your anointed.

⁹For one day in your courts is better than a thousand in my own room,* and to stand at the threshold of the house of my God than to dwell in the tents of the wicked.

¹⁰For the LORD God is both sun and shield;* he will give grace and glory; ¹¹no good thing will the LORD withhold*

from those who walk with integrity.

12 O LORD of hosts,*

¹²O Lord of hosts,* happy are they who put their trust in you!

85

¹You have been gracious to your land, O Lord;*
you have restored the good fortune of Jacob.

²You have forgiven the iniquity of your people* and blotted out all their sins.

³You have withdrawn all your fury* and turned yourself from your wrathful indignation.

⁴Restore us then, O God our Savior;* let your anger depart from us.

⁵Will you be displeased with us forever?*
Will you prolong your anger
from age to age?

6Will you not give us life again,* that your people may rejoice in you?

⁷Show us your mercy, O LORD,* and grant us your salvation.

⁸I will listen

to what the LORD God is saying,*
for he is speaking peace
to his faithful people
and to those
who turn their hearts to him.

⁹Truly, his salvation is very near to those who fear him,* that his glory may dwell in our land.

Mercy and truth have met together;* righteousness and peace have kissed each other.

¹¹Truth shall spring up from the earth,* and righteousness shall look down from heaven.

¹²The LORD will indeed grant prosperity,* and our land will yield its increase.

¹³ Righteousness shall go before him,* and peace shall be a pathway for his feet.

86

¹Bow down your ear, O Lord, and answer me,*
for I am poor and in misery.

²Keep watch over my life,
for I am faithful;*
save your servant
who puts his trust in you.

³Be merciful to me, O Lord,
for you are my God,*

I call upon you all the day long.

4Gladden the soul of your servant,*
for to you, O LORD,
I lift up my soul.

⁵For you, O Lord, are good and forgiving,* and great is your love toward all who call upon you.

⁶Give ear, O Lord, to my prayer,* and attend to the voice of my supplications.

⁷In the time of my trouble I will call upon you,* for you will answer me.

8 Among the gods there is none like you, O LORD,* nor anything like your works.

⁹All nations you have made will come and worship you, O LORD,* and glorify your name.

¹⁰For you are great; you do wondrous things;* and you alone are God.

"Teach me your way, O LORD, and I will walk in your truth;" knit my heart to you that I may fear your name.

¹²I will thank you, O Lord my God, with all my heart,*
and glorify your name forevermore.

¹³For great is your love toward me;* you have delivered me from the nethermost pit.

¹⁴The arrogant rise up against me, O God, and a band of violent men seeks my life;* they have not set you before their eyes.

¹⁵But you, O Lord, are gracious and full of compassion,* slow to anger, and full of kindness and truth.

¹⁶Turn to me and have mercy upon me;* give your strength to your servant; and save the child of your handmaid.

¹⁷Show me a sign of your favor, so that those who hate me may see it and be ashamed;* because you, O LORD, have helped me and comforted me.

87

On the holy mountain stands the city he has founded;*
the LORD loves the gates of Zion more than all the dwellings of Jacob.

²Glorious things are spoken of you,*
O city of our God.

³I count Egypt and Babylon among those who know me;* behold Philistia, Tyre, and Ethiopia: in Zion were they born.

⁴Of Zion it shall be said, "Everyone was born in her,* and the Most High himself shall sustain her."

⁵The Lord will record as he enrolls the peoples,* "These also were born there."

⁶The singers and the dancers will say,*
"All my fresh springs are in you."

88

¹O LORD, my God, my Savior,* by day and night I cry to you.

²Let my prayer enter into your presence;* incline your ear to my lamentation.

³For I am full of trouble;* my life is at the brink of the grave.

⁴I am counted among those who go down to the pit;*

I have become like one who has no strength;

5 lost among the dead,* like the slain who lie in the grave,

⁶whom you remember no more,* for they are cut off from your hand.

⁷You have laid me in the depths of the pit,* in dark places, and in the abyss.

⁸Your anger weighs upon me heavily,* and all your great waves overwhelm me. ⁹You have put my friends far from me; you have made me to be abhorred by them; *

I am in prison and cannot get free.

My sight has failed me because of trouble; *

LORD, I have called upon you daily; I have stretched out my hands to you.

"Do you work wonders for the dead?*
Will those who have died stand up and give you thanks?

¹² Will your lovingkindness be declared in the grave,* your faithfulness in the land of destruction?

¹³ Will your wonders be known in the dark* or your righteousness in the country where all is forgotten?

¹⁴ But as for me, O Lord, I cry to you for help; * in the morning my prayer comes before you.

15 LORD, why have you rejected me?* Why have you hidden your face from me?

In Ever since my youth, I have been wretched and at the point of death; * I have borne your terrors with a troubled mind.

¹⁷Your blazing anger has swept over me; * your terrors have destroyed me;

18 they surround me all day long like a flood; *

they encompass me on every side.

¹⁹ My friend and my neighbor you have put away from me, * and darkness is my only companion.

89

¹Your love, O Lord, forever will I sing; * from age to age my mouth will proclaim your faithfulness.

²For I am persuaded that your love is established forever; * you have set your faithfulness firmly in the heavens.

³"I have made a covenant with my chosen one;* I have sworn an oath to David my servant:

4'I will establish your line forever,*
and preserve your throne
for all generations.'"

⁵The heavens bear witness to your wonders, O Lord,* and to your faithfulness in the assembly of the holy ones;

⁶ for who in the skies can be compared to the LORD? * Who is like the LORD among the gods?

⁷God is much to be feared in the council of the holy ones,* great and terrible to all those round about him.

8Who is like you, LORD God of hosts?* O mighty LORD, your faithfulness is all around you.

⁹You rule the raging of the sea* and still the surging of its waves.

You have crushed Rahab of the deep with a deadly wound; * you have scattered your enemies with your mighty arm.

"Yours are the heavens; the earth also is yours; * you laid the foundations of the world and all that is in it.

You have made the north and the south; * Tabor and Hermon rejoice in your name.

¹³ You have a mighty arm; * strong is your hand, and high is your right hand.

¹⁴ Righteousness and justice are the foundations of your throne; * love and truth go before your face.

¹⁵Happy are the people who know the festal shout!*

They walk, O LORD, in the light of your presence.

¹⁶They rejoice daily in your name;* they are jubilant in your righteousness.

¹⁷ For you are the glory of their strength,* and by your favor our might is exalted.

18 Truly, the LORD is our ruler;* the Holy One of Israel is our king.

¹⁹You spoke once in a vision and said to your faithful people:* "I have set the crown upon a warrior and have exalted one chosen out of the people.

²⁰I have found David my servant;*
with my holy oil have I anointed him.

²¹My hand will hold him fast* and my arm will make him strong.

²No enemy shall deceive him,*
nor any wicked man bring him down.

²³I will crush his foes before him* and strike down those who hate him.

²⁴My faithfulness and love shall be with him,* and he shall be victorious through my name.

²⁵I shall make his dominion extend* from the great sea to the river.

²⁶He will say to me, 'You are my Father,* my God, and the rock of my salvation.'

²⁷I will make him my firstborn* and higher than the kings of the earth.

²⁸I will keep my love for him forever,* and my covenant will stand firm for him.

²⁹I will establish his line forever* and his throne as the days of heaven.

30 If his children forsake my law* and do not walk according to my judgments;

³¹if they break my statutes* and do not keep my commandments;

³²I will punish their transgressions with a rod*

and their iniquities with the lash;

³³but I will not take my love from him,* nor let my faithfulness prove false.

³⁴I will not break my covenant,*
nor change
what has gone out of my lips.

³⁵Once for all I have sworn by my holiness: * 'I will not lie to David.

³⁶His line shall endure forever* and his throne as the sun before me;

³⁷it shall stand fast forevermore like the moon,* the abiding witness in the sky.'"

38 But you have cast off and rejected your anointed; * you have become enraged at him.

³⁹You have broken your covenant with your servant,* defiled his crown, and hurled it to the ground.

⁴⁰You have breached all his walls* and laid his strongholds in ruins.

⁴¹All who pass by despoil him; *
he has become the scorn
of his neighbors.

⁴²You have exalted the right hand of his foes* and made all his enemies rejoice.

⁴³You have turned back the edge of his sword* and have not sustained him in battle.

⁴⁴You have put an end to his splendor* and cast his throne to the ground.

45 You have cut short the days of his youth* and have covered him with shame.

How long will you hide yourself, O Lord? Will you hide yourself forever?

How long

will your anger burn like fire?

47 Remember, LORD, how short life is,*
how frail you have made all flesh.

*Who can live and not see death? *
Who can save himself
from the power of the grave?

Where, Lord, are your lovingkindnesses of old,* which you promised David in your faithfulness?

⁵⁰Remember, Lord, how your servant is mocked,* how I carry in my bosom the taunts of many peoples,

51 the taunts your enemies have hurled, O Lord,*

which they hurled at the heels of your anointed.

⁵²Blessed be the LORD forevermore!*
Amen, I say. Amen.

90

¹Lord, you have been our refuge* from one generation to another.

²Before the mountains were brought forth, or the land and the earth were born,* from age to age you are God.

³You turn us back to the dust and say,*
"Go back, O child of earth."

⁴For a thousand years in your sight are like yesterday when it is past* and like a watch in the night.

⁵You sweep us away like a dream;*
we fade away suddenly like the grass.

⁶In the morning it is green and flourishes;* in the evening it is dried up and withered.

⁷For we consume away in your displeasure;* we are afraid because of your wrathful indignation.

⁸Our iniquities you have set before you,* and our secret sins in the light of your countenance.

⁹When you are angry, all our days are gone;* we bring our years to an end like a sigh.

¹⁰The span of our life is seventy years, perhaps in strength even eighty;*

yet the sum of them is but labor and sorrow, for they pass away quickly and we are gone.

"Who regards the power of your wrath?*
Who rightly fears your indignation?

¹²So teach us to number our days,* that we may apply our hearts to wisdom.

¹³ Return, O Lord; how long will you tarry?* Be gracious to your servants.

¹⁴Satisfy us by your lovingkindness in the morning;* so shall we rejoice and be glad all the days of our life.

¹⁵ Make us glad by the measure of the days that you afflicted us* and the years in which we suffered adversity.

¹⁶Show your servants your works* and your splendor to their children.

¹⁷May the graciousness of the Lord our God be upon us;* prosper the work of our hands; prosper our handiwork.

91

¹He who dwells in the shelter of the Most High,* abides under the shadow of the Almighty.

²He shall say to the LORD,
"You are my refuge and my stronghold,*
my God in whom I put my trust."

³He shall deliver you from the snare of the hunter* and from the deadly pestilence.

⁴He shall cover you with his pinions, and you shall find refuge under his wings;* his faithfulness shall be a shield and buckler.

⁵You shall not be afraid of any terror by night,* nor of the arrow that flies by day; 6of the plague that stalks in the darkness,* nor of the sickness that lays waste at midday.

⁷A thousand shall fall at your side and ten thousand at your right hand,* but it shall not come near you.

8Your eyes have only to behold* to see the reward of the wicked.

⁹Because you have made the LORD your refuge,*

and the Most High your habitation,

neither shall no evil happen to you, neither shall any plague come near your dwelling.

"For he shall give his angels charge over you, *

to keep you in all your ways.

¹²They shall bear you in their hands, * lest you dash your foot against a stone.

¹³You shall tread upon the lion and adder; * you shall trample the young lion and the serpent under your feet.

¹⁴Because he is bound to me in love, therefore will I deliver him; * I will protect him, because he knows my name.

15 He shall call upon me,
 and I will answer him; *
 I am with him in trouble;
 I will rescue him
 and bring him to honor.

¹⁶With long life will I satisfy him, * and show him my salvation.

92

It is a good thing to give thanks to the Lord,* and to sing praises to your name, O Most High;

2to tell of your lovingkindness early in the morning* and of your faithfulness in the night season; ³ on the psaltery, and on the lyre, * and to the melody of the harp.

⁴For you have made me glad by your acts, O Lord; * and I shout for joy because of the works of your hands.

⁵LORD, how great are your works! * Your thoughts are very deep.

⁶The dullard does not know, nor does the fool understand,* that though the wicked grow like weeds, and all the workers of iniquity flourish,

7they flourish only to be destroyed forever; * but you, O Lord, are exalted forevermore.

8 For lo, your enemies, O Lord, lo, your enemies shall perish, * and all the workers of iniquity shall be scattered.

⁹But my horn you have exalted like the horns of wild bulls; *

I am anointed with fresh oil.

¹⁰ My eyes also gloat over my enemies,* and my ears rejoice to hear the doom of the wicked who rise up against me.

"The righteous shall flourish like a palm tree,* and shall spread abroad like a cedar of Lebanon.

¹²Those who are planted in the house of the LORD* shall flourish in the courts of our God;

they shall still bear fruit in old age; they shall be green and succulent;

how upright the LORD is, *
my rock, in whom there is no fault.

93

¹The Lord is king; he has put on splendid apparel; * the Lord has put on his apparel and girded himself with strength. ²He has made the whole world so sure* that it cannot be moved;

³ ever since the world began, your throne has been established;* you are from everlasting.

⁴The waters have lifted up, O LORD, the waters have lifted up their voice;* the waters have lifted up their pounding waves.

⁵Mightier than the sound of many waters, mightier than the breakers of the sea,* mightier is the LORD who dwells on high.

⁶Your testimonies are very sure,* and holiness adorns your house, O Lord, forever and forevermore.

94

O LORD God of vengeance,*
O God of vengeance, show yourself.

²Rise up, O Judge of the world;* give the arrogant their just deserts.

³How long shall the wicked, O LORD,* how long shall the wicked triumph?

⁴They bluster in their insolence;* all evildoers are full of boasting.

⁵They crush your people, O Lord, and afflict your chosen nation.

⁶They murder the widow and the stranger* and put the orphans to death.

⁷Yet they say, "The LORD does not see," the God of Jacob takes no notice."

⁸Consider well, you dullards among the people;* when will you fools understand?

⁹He that planted the ear, does he not hear?* He that formed the eye, does he not see?

¹⁰He who admonishes the nations, will he not punish?*
He who teaches all the world,

has he no knowledge?

"The LORD knows our human thoughts;" how like a puff of wind they are.

¹²Happy are they whom you instruct, O Lord,*

whom you teach out of your law;

¹³ to give them rest in evil days,* until a pit is dug for the wicked.

14 For the LORD

will not abandon his people,* nor will he forsake his own.

¹⁵For judgment will again be just,* and all the true of heart will follow it.

16 Who rose up for me against the wicked?* Who took my part against the evildoers?

¹⁷If the Lord had not come to my help,*
I should soon have dwelt
in the land of silence.

¹⁸ As often as I said, "My foot has slipped,"* your love, O LORD, upheld me.

¹⁹When many cares fill my mind,* your consolations cheer my soul.

²⁰Can a corrupt tribunal have any part with you,* one which frames evil into law?

²¹They conspire against the life of the just* and condemn the innocent to death.

²But the Lord has become my stronghold,* and my God the rock of my trust.

²³ He will turn their wickedness back upon them and destroy them in their own malice;* the Lord our God will destroy them.

95

¹Come, let us sing to the LORD;*
let us shout for joy
to the rock of our salvation.

²Let us come before his presence with thanksgiving* and raise a loud shout to him with psalms.

³For the Lord is a great God,* and a great king above all gods.

⁴In his hand are the caverns of the earth,* and the heights of the hills are his also.

⁵The sea is his, for he made it,* and his hands, have molded the dry land.

⁶Come, let us bow down and bend the knee,* and kneel before the LORD our maker.

⁷For he is our God, and we are the people of his pasture and the sheep of his hand.* Oh, that today you would hearken to his voice!

8 Harden not your hearts, as your forebears did in the wilderness,* at Meribah, and on that day at Massah, when they tempted me.

⁹They put me to the test,* though they had seen my works.

¹⁰ Forty years long
I detested that generation and said,*
"This people are wayward
in their hearts;
they do not know my ways."

"So I swore in my wrath,"

"They shall not enter into my rest."

96

¹Sing to the LORD a new song;* sing to the LORD, all the whole earth.

²Sing to the LORD and bless his name;* proclaim the good news of his salvation from day to day.

³Declare his glory among the nations* and his wonders among all peoples.

⁴For great is the LORD and greatly to be praised;*

he is more to be feared than all gods.

⁵As for all the gods of the nations, they are but idols;*
but it is the LORD
who made the heavens.

⁶Oh, the majesty and magnificence of his presence!*

Oh, the power and the splendor of his sanctuary!

⁷Ascribe to the LORD, you families of the peoples;* ascribe to the LORD honor and power.

8 Ascribe to the LORD the honor due his name;* bring offerings and come into his courts.

⁹Worship the LORD in the beauty of holiness;* let the whole earth tremble before him.

"Tell it out among the nations:
"The LORD is king!*

He has made the world so firm that it cannot be moved; he will judge the peoples with equity."

"Let the heavens rejoice, and let the earth be glad; let the sea thunder and all that is in it;* let the field be joyful and all that is therein.

12 Then shall all the trees of the wood shout for joy before the LORD when he comes,* when he comes to judge the earth.

¹³He will judge the world with righteousness* and the peoples with his truth.

97

¹The LORD is king; let the earth rejoice;* let the multitude of the isles be glad.

²Clouds and darkness are round about him,* righteousness and justice are the foundations of his throne.

³A fire goes before him* and burns up his enemies on every side.

⁴His lightnings light up the world;* the earth sees it and is afraid.

⁵The mountains melt like wax at the presence of the LORD,*

at the presence of the Lord of the whole earth.

⁶The heavens declare his righteousness,* and all the peoples see his glory.

⁷Confounded be all who worship carved images and delight in false gods! *

Bow down before him, all you gods.

⁸Zion hears and is glad, and the cities of Judah rejoice,* because of your judgments, O Lord.

9For you are the LORD, most high over all the earth;* you are exalted far above all gods.

¹⁰The LORD loves those who hate evil; *
he preserves the lives of his saints
and delivers them
from the hand of the wicked.

"Light has sprung up for the righteous,* and joyful gladness for those who are truehearted.

¹²Rejoice in the LORD, you righteous,* and give thanks to his holy name.

98

¹Sing to the LORD a new song,* for he has done marvelous things.

²With his right hand and his holy arm*

²With his right hand and his holy arm has he won for himself the victory.

³The Lord has made known his victory; *

his righteousness has he openly shown in the sight of the nations.

⁴He remembers his mercy and faithfulness to the house of Israel,* and all the ends of the earth have seen the victory of our God.

⁵Shout with joy to the LORD, all you lands;*

lift up your voice, rejoice, and sing. ⁶Sing to the LORD with the harp,*

with the harp and the voice of song.

⁷With trumpets and the sound of the horn*

shout with joy before the king, the LORD.

⁸Let the sea make a noise and all that is in it,* the lands and those who dwell therein.

⁹Let the rivers clap their hands,* and let the hills ring out with joy before the LORD, when he comes to judge the earth.

¹⁰In righteousness shall he judge the world* and the peoples with equity.

99

¹The LORD is king; let the people tremble.* He is enthroned upon the cherubim; let the earth shake.

²The Lord is great in Zion; * he is high above all peoples.

³Let them confess his name, which is great and awesome; * he is the Holy One.

4"O mighty King, lover of justice, you have established equity; * you have executed justice and righteousness in Jacob."

⁵Proclaim the greatness of the LORD our God and fall down before his footstool; * he is the Holy One.

⁶Moses and Aaron among his priests, and Samuel among those who call upon his name, * they called upon the LORD, and he answered them.

⁷He spoke to them out of the pillar of cloud; * they kept his testimonies and the decree that he gave them.

O Lord our God, you answered them indeed; * you were a God who forgave them, yet punished them for their evil deeds. ⁹Proclaim the greatness of the LORD our God and worship him upon his holy hill;* for the LORD our God is the Holy One.

100

- ¹Be joyful in the LORD, all you lands; * serve the LORD with gladness and come before his presence with a song.
- ²Know this: The LORD himself is God;* he himself has made us, and we are his; we are his people and the sheep of his pasture.
- ³Enter his gates with thanksgiving; go into his courts with praise; * give thanks to him and call upon his name.
- ⁴For the Lord is good; his mercy is éverlasting;* and his faithfulness endures from age to age.

102

- ¹LORD, hear my prayer, and let my cry come before you;* hide not your face from me in the day of my trouble.
- ²Incline your éar to me;*
 when I call,
 make haste to ánswer me,
- ³ for my days drift away like smoke,* and my bones are hot as burning coals.
- ⁴My heart is smitten like grass and withered,* so that I forget to eat my bread.
- ⁵Because of the voice of my groaning* I am but skin and bones.
- ⁶I have become like a vulture in the wilderness,*

- like an owl among the ruins.
- ⁷I lie awake and groan; *
 I am like a sparrow,
 lonely on a housetop.
- 8 My enemies revile me all day long,* and those who scoff at me have taken an oath against me.
- ⁹For I have eaten ashes for bread* and mingled my drink with weeping.
- ¹⁰Because of your indignation and wrath* you have lifted me up and thrown me away.
- ¹¹My days pass away like a shadow,* and I wither like the grass.
- ¹²But you, O Lord, endure forever,* and your name from age to age.
- ¹³ You will arise and have compassion on Zion, for it is time to have mercy upon her;* indeed, the appointed time has come.
- ¹⁴For your servants love her very rubble,* and are moved to pity even for her dust.
- O Lord, and all the kings of the earth your glory.
- ¹⁶For the LORD will build up Zion,* and his glory will appear.
- ¹⁷He will look with favor on the prayer of the homeless;* he will not despise their plea.
- ¹⁸ Let this be written for a future generation,* so that a people yet unborn may praise the LORD.
- ¹⁹For the Lord looked down from his holy place on high;* from the heavens he beheld the earth;
- of the captive*
 and set free those condemned to die;
- ²¹that they may declare in Zion the name of the LORD,* and his praise in Jerusalem;

²²when the peoples are gathered together,* and the kingdoms also, to serve the LORD.

²³ He has brought down my strength before my time;* he has shortened the number of my days;

²⁴ and I said, "O my God, do not take me away in the midst of my days;* your years endure throughout all generations.

²⁵In the beginning, O LORD, you laid the foundations of the earth,* and the heavens are the work of your hands.

²⁶They shall perish, but you will endure; they all shall wear out like a garment;* as clothing you will change them, and they shall be changed;

²⁷but you are always the same,* and your years will never end.

28 The children of your servants shall continue,* and their offspring shall stand fast in your sight."

103

¹Bless the LORD, O my soul,* and all that is within me, bless his holy name.

²Bless the LORD, O my soul,* and forget not all his benefits.

³He forgives all your sins* and heals all your infirmities;

4he redeems your life from the grave* and crowns you with mercy and lovingkindness;

5he satisfies you with good things,* and your youth is renewed like an eagle's.

⁶The LORD executes righteousness* and judgment for all who are oppressed.

⁷He made his ways known to Moses*

and his works to the children of Israel.

⁸The Lord is full of compassion and mercy,*

slow to anger and of great kindness.

⁹He will not always accuse us,* nor will he keep his anger forever.

¹⁰He has not dealt with us according to our sins,* nor rewarded us according to our wickedness.

"For as the heavens are high above the earth,* so is his mercy great upon those who fear him.

As far as the east is from the west,* so far has he removed our sins from us.

¹³ As a father cares for his children,* so does the LORD care for those who fear him.

¹⁴For he himself knows whereof we are made;* he remembers that we are but dust.

Our days are like the grass;* we flourish like a flower of the field;

¹⁶when the wind goes over it, it is gone,* and its place shall know it no more.

¹⁷ But the merciful goodness of the LORD endures forever on those who fear him,* and his righteousness

on children's children;

18 on those who keep his covenant*
and remember his commandments
and do them.

¹⁹The LORD has set his throne in heaven,* and his kingship has dominion over all.

²⁰ Bless the LORD, you angels of his, you mighty ones who do his bidding,* and hearken to the voice of his word.

²¹Bless the LORD, all you his hosts,* you ministers of his who do his will.

²Bless the Lord, all you works of his, in all places of his dominion;* bless the Lord, O my soul.

104

- ¹Bless the LORD, O my soul;*
 O LORD my God,
 how excellent is your greatness!
 You are clothed
 with majesty and splendor.
- ²You wrap yourself with light as with a cloak* and spread out the heavens like a curtain.
- ³You lay the beams of your chambers in the waters above;*
 you make the clouds your chariot; you ride on the wings of the wind.
- ⁴You make the winds your messengers* and flames of fire your servants.
- ⁵You have set the earth upon its foundations,* so that it never shall move at any time.
- ⁶You covered it with the deep as with a mantle;* the waters stood higher than the mountains.
- ⁷At your rebuke they fled;* at the voice of your thunder they hastened away.
- 8 They went up into the hills and down to the valleys beneath,* to the places you had appointed for them.
- ⁹You set the limits that they should not pass;* they shall not again cover the earth.
- ¹⁰You send the springs into the valleys;* they flow between the mountains.
- "All the beasts of the field drink their fill from them," and the wild asses quench their thirst.
- ¹²Beside them the birds of the air make their nests* and sing among the branches.
- ¹³ You water the mountains from your dwelling on high;*

- the earth is fully satisfied by the fruit of your works.
- ¹⁴ You make grass grow for flocks and herds* and plants to serve mankind;
- 15 that they may bring forth food from the earth,* and wine to gladden our hearts,
- ¹⁶oil to make a cheerful countenance,* and bread to strengthen the heart.
- ¹⁷The trees of the LORD are full of sap,* the cedars of Lebanon which he planted,
- ¹⁸ in which the birds build their nests,* and in whose tops the stork makes his dwelling.
- ¹⁹The high hills are a refuge for the mountain goats,* and the stony cliffs for the rock badgers.
- ²⁰You appointed the moon to mark the seasons,* and the sun knows the time of its setting.
- ²¹You make darkness that it may be night,* in which all the beasts of the forest prowl.
- ²The lions roar after their prey* and seek their food from God.
- ²³The sun rises, and they slip away* and lay themselves down in their dens.
- ²⁴Man goes forth to his work* and to his labor until the evening.
- ²⁵O LORD, how manifold are your works!*

 In wisdom you have made them all; the earth is full of your creatures.
- ²⁶Yonder is the great and wide sea with its living things too many to number,*
 creatures both small and great.
- ²⁷There move the ships, and there is that Leviathan,* which you have made for the sport of it.

²⁸ All of them look to you* to give them their food in due season.

²⁹You give it to them; they gather it;* you open your hand, and they are filled with good things.

³⁰You hide your face, and they are terrified;* you take away their breath, and they die and return to their dust.

³¹You send forth your Spirit, and they are created;* and so you renew the face of the earth.

³² May the glory of the Lord endure forever;* may the Lord rejoice in all his works.

³³He looks at the earth and it trembles;* he touches the mountains and they smoke.

³⁴I will sing to the LORD as long as I live;* I will praise my God while I have my being.

35 May these words of mine please him;* I will rejoice in the Lord.

³⁶Let sinners be consumed out of the earth,* and the wicked be no more.

³⁷Bless the LORD, O my soul.* Hallelujah!

105

¹Give thanks to the LORD and call upon his name; * make known his deeds among the peoples.

²Sing to him, sing praises to him,* and speak of all his marvelous works.

³Glory in his holy name;*
let the hearts of those
who seek the LORD rejoice.

⁴Search for the LORD and his strength; * continually seek his face.

⁵Remember the marvels he has done,*

his wonders and the judgments of his mouth,

⁶O offspring of Abraham his servant,*
O children of Jacob his chosen.

⁷He is the LORD our God;*
his judgments prevail
in all the world.

8He has always been mindful of his covenant,*
the promise he made for a thousand generations:

⁹the covenant he made with Abraham,* the oath that he swore to Isaac,

which he established as a statute for Jacob,* an everlasting covenant for Israel,

"saying, "To you will I give the land of Canaan* to be your allotted inheritance."

¹²When they were few in number,* of little account, and sojourners in the land,

¹³wandering from nation to nation* and from one kingdom to another,

¹⁴he let no one oppress them* and rebuked kings for their sake,

15 saying, "Do not touch my anointed* and do my prophets no harm."

¹⁶Then he called for a famine in the land* and destroyed the supply of bread.

¹⁷He sent a man before them,*
Joseph, who was sold as a slave.

¹⁸They bruised his feet in fetters;* his neck they put in an iron collar.

¹⁹Until his prediction came to pass,* the word of the LORD tested him.

²⁰The king sent and released him;* the ruler of the peoples set him free.

²¹He set him as a master over his household,* as a ruler over all his possessions,

²²to instruct his princes according to his will* and to teach his élders wisdom.

²³Israel came into Egypt,*

and Jacob became a sojourner in the land of Ham.

²⁴The LORD made his people exceedingly fruitful; * he made them stronger than their enemies;

25 whose heart he turned, so that they hated his people, * and dealt unjustly with his servants.

²⁶He sent Moses his servant,* and Aaron whom he had chosen.

²⁷They worked his signs among them, * and portents in the land of Ham.

²⁸He sent darkness, and it grew dark; * obut the Egyptians rebelled against his words.

²⁹He turned their waters into blood* and caused their fish to die.

³⁰Their land was overrun by frogs,* in the very chambers of their kings.

³¹ He spoke, and there came swarms of insects* and gnats within all their borders.

³²He gave them hailstones instead of rain, * and flames of fire throughout their land.

³³He blasted their vines and their fig trees* and shattered every tree in their country.

³⁴He spoke, and the locust came,* and young locusts without number,

35 which ate up all the green plants in their land* and devoured the fruit of their soil.

36 He struck down the firstborn of their land,* the firstfruits of all their strength.

³⁷He led out his people with silver and gold; * in all their tribes there was not one that stumbled.

³⁸Egypt was glad of their going,* because they were afraid of them.

39 He spread out a cloud for a covering*

and a fire to give light in the night season.

⁴⁰They asked, and quails appeared, * and he satisfied them with bread from heaven.

⁴¹He opened the rock, and water flowed,* so the river ran in the dry places.

⁴²For God remembered his holy word* and Abraham his servant.

⁴³So he led forth his people with gladness,*
his chosen with shouts of joy.

⁴⁴He gave his people the lands of the nations,* and they took the fruit of others' toil,

⁴⁵that they might keep his statutes* and observe his laws. Hallelujah!

107

Give thanks to the LORD, for he is good,* and his mercy endures forever.

²Let all those whom the LORD has redeemed proclaim* that he redeemed them from the hand of the foe.

³He gathered them out of the lands; * from the east and from the west, from the north and from the south.

⁴Some wandered in desert wastes; * they found no way to a city where they might dwell.

⁵They were hungry and thirsty; * their spirits languished within them.

⁶Then they cried to the LORD in their trouble, *
and he delivered them from their distress.

⁷He put their feet on a straight path* to go to a city where they might dwell.

8 Let them give thanks to the LORD for his mercy* and the wonders he does for his children. ⁹For he satisfies the thirsty* and fills the hungry with good things.

Osome sat in darkness and deep gloom, bound fast in misery and iron;

because they rebelled against the words of God* and despised the counsel of the Most High.

¹²So he humbled their spirits with hard labor;* they stumbled, and there was none to help.

Then they cried to the LORD in their trouble,* and he delivered them from their distress.

¹⁴He led them out of darkness and deep gloom* and broke their bonds asunder.

15 Let them give thanks to the LORD for his mercy* and the wonders he does for his children.

¹⁶For he shatters the doors of bronze* and breaks in two the iron bars.

¹⁷Some were fools and took to rebellious ways;* they were afflicted because of their sins.

¹⁸They abhorred all manner of food* and drew near to death's door.

¹⁹Then they cried to the LORD in their trouble,* and he delivered them from their distress.

²⁰He sent forth his word and healed them* and saved them from the grave.

²¹ Let them give thanks to the LORD for his mercy* and the wonders he does for his children.

²²Let them offer a sacrifice of thanksgiving* and tell of his acts with shouts of joy.

²³ Some went down to the sea in ships* and plied their trade in deep waters;
²⁴ they beheld the works of the Lorp*

and his wonders in the deep.

²⁵Then he spoke, and a stormy wind arose,* which tossed high the waves of the sea.

²⁶They mounted up to the heavens and fell back to the depths;*

their hearts melted because of their peril.

²⁷They reeled and staggered like drunkards* and were at their wits' end.

²⁸Then they cried to the LORD in their trouble,*
and he delivered them from their distress.

²⁹He stilled the storm to a whisper* and quieted the waves of the sea.

³⁰Then were they glad because of the calm,* and he brought them to the harbor they were bound for.

31 Let them give thanks to the LORD for his mercy* and the wonders he does for his children.

32 Let them exalt him in the congregation of the people* and praise him in the council of the elders.

33 The LORD changed rivers into deserts,* and water-springs into thirsty ground,

³⁴a fruitful land into salt flats,* because of the wickedness of those who dwell there.

35 He changed deserts into pools of water* and dry land into water-springs.

³⁶He settled the hungry there,* and they founded a city to dwell in.

³⁷They sowed fields, and planted vineyards,* and brought in a fruitful harvest.

38 He blessed them, so that they increased greatly;* he did not let their herds decrease.

³⁹Yet when they were diminished and brought low,*

through stress of adversity and sorrow,

40 he pours contempt on princes* and makes them wander in trackless wastes;

41 he lifted up the poor out of misery* and multiplied their families like flocks of sheep.

⁴²The upright will see this and rejoice,* but all wickedness will shut its mouth.

43 Whoever is wise will ponder these things,* and consider well the mercies of the LORD. ⁹Moab is my washbasin; on Edom

I throw down my sandal to claim it;* and over Philistia will I shout in triumph."

¹⁰Who will lead me into the strong city?* Who will bring me into Edom?

¹¹Have you not cast us off, O God?* You no longer go out, O God, with our armies.

¹²Grant us your help against the enemy,* for vain is the help of man.

13 With God we will do valiant deeds,* and he shall tread our enemies under foot.

108

¹My heart is firmly fixed, O God, my heart is fixed;* I will sing and make melody.

²Wake up, my spirit; awake, lute and harp;* I myself will waken the dawn.

³I will confess you among the peoples, O Lord;* I will sing praises to you among the nations.

⁴For your lovingkindness is greater than the heavens,* and your faithfulness reaches to the clouds.

⁵Exalt yourself above the heavens,

and your glory over all the earth.

⁶So that those who are dear to you may be delivered,* save with your right hand and answer me.

⁷God spoke from his holy place and said,* "I will exult and parcel out Shechem; I will divide the valley of Succoth.

⁸Gilead is mine and Manasseh is mine;* Ephraim is my helmet and Judah my scepter.

110

¹The Lord said to my Lord, "Sit at my right hand," until I make your enemies your footstool."

²The Lord will send the scepter of your power out of Zion, saying, "Rule over your enemies round about you.

³Princely state has been yours from the day of your birth;* in the beauty of holiness have I begotten you, like dew from the womb of the morning."

⁴The Lord has sworn, and he will not recant:* "You are a priest forever after the order of Melchizedek."

⁵The Lord who is at your right hand will smite kings in the day of his wrath;* he will rule over the nations.

⁶He will heap high the corpses;* he will smash heads over the wide earth.

⁷He will drink from the brook beside the road;* therefore he will lift high his head.

111

¹Hallelujah! I will give thanks to the LORD with my whole heart,* in the assembly of the upright, in the congregation.

²Great are the deeds of the LORD! * They are studied by all who delight in them.

³His work

is full of majesty and splendor,* and his righteousness endures forever.

⁴He makes his marvelous works to be remembered; * the LORD is gracious and full of compassion.

⁵He gives food to those who fear him; * he is ever mindful of his covenant.

⁶He has shown his people the power of his works* in giving them the lands of the nations.

⁷The works of his hands are faithfulness and justice; * all his commandments are sure.

8 They stand fast forever and ever, * because they are done in truth and equity.

⁹He sent redemption to his people; he commanded his covenant forever; * holy and awesome is his name.

is the beginning of wisdom; * those who act accordingly have a good understanding. His praise endures forever.

112

Hallelujah!
Happy are they who fear the Lord*
and have great delight
in his commandments!

²Their descendants
will be mighty in the land; *
the generation of the upright
will be blessed.

³Wealth and riches will be in their house,* and their righteousness will last forever.

⁴Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.

⁵It is good for them to be generous in lending* and to manage their affairs with justice.

⁶For they will never be shaken; * the righteous will be kept in everlasting remembrance.

⁷They will not be afraid of any évil rumors; * their heart is right; they put their trust in the LORD.

8 Their heart is established and will not shrink,* until they see their desire upon their enemies.

⁹They have given freely to the poor,* and their righteousness stands fast forever; they will hold up their head with honor.

¹⁰The wicked will see it and be angry; they will gnash their teeth and pine away; * the desires of the wicked will perish.

113

Hallelujah!

Give praise, you servants of the LORD; * praise the name of the LORD.

²Let the name of the LORD be blessed,* from this time forth forevermore.

³From the rising of the sun to its going down* let the name of the LORD be praised.

⁴The LORD is high above all nations,* and his glory above the heavens.

⁵Who is like the LORD our God, who sits enthroned on high,* but stoops to behold the heavens and the earth?

⁶He takes up the weak out of the dust* and lifts up the poor from the ashes.

⁷He sets them with the princes,* with the princes of his people.

⁸He makes the woman of a childless house* to be a joyful mother of children.

114

Hallelujah! When Israel came out of Egypt,* the house of Jacob from a people of strange speech,

²Judah became God's sanctuary* and Israel his dominion.

³The sea beheld it and fled;*

Jordan turned and went back.

⁴The mountains skipped like rams,* and the little hills like young sheep.

⁵What ailed you, O sea, that you fled, ^{*} O Jordan, that you turned back,

⁶you mountains,

that you skipped like rams,*
you little hills like young sheep?

⁷Tremble, O earth,

at the presence of the Lord,*
at the presence of the God of Jacob,

8who turned the hard rock into a pool of water* and flint-stone into a flowing spring.

115

¹Not to us, O LORD, not to us, but to your name give glory; * because of your love and because of your faithfulness. ²Why should the heathen say,*
"Where then is their God?"

³Our God is in heaven;*
whatever he wills to do he does.

⁴Their idols are silver and gold, * the work of human hands.

⁵They have mouths, but they cannot speak;* eyes have they, but they cannot see;

6they have ears, but they cannot hear;* noses, but they cannot smell;

⁷they have hands, but they cannot feel; feet, but they cannot walk;*
they make no sound with their throat.

8Those who make them are like them,* and so are all who put their trust in them.

⁹O Israel, trust in the LORD;*
he is their help and their shield.

¹⁰O house of Aaron, trust in the LORD;*
he is their help and their shield.

"You who fear the LORD, trust in the LORD; *
he is their help and their shield.

¹²The LORD has been mindful of us, and he will bless us; *
he will bless the house of Israel; he will bless the house of Aaron;

both small and great together.

¹⁴May the LORD increase you more and more,* you and your children after you.

¹⁵May you be blessed by the LORD, * the maker of heaven and earth.

¹⁶The heaven of heavens is the LORD's,* but he entrusted the earth to its peoples.

¹⁷The dead do not praise the LORD,* nor all those who go down into silence;

but we will bless the LORD,* from this time forth forevermore. Hallelujah!

116

¹I love the LORD, because he has heard the voice of my supplication,* because he has inclined his ear to me whenever I called upon him.

²The cords of death entangled me; the grip of the grave took hold of me;* I came to grief and sorrow.

³Then I called upon the name of the Lord:*
"O Lord, I pray you, save my life."

⁴Gracious is the LORD and righteous;* our God is full of compassion.

⁵The LORD watches over the innocent;*
I was brought very low,
and he helped me.

⁶Turn again to your rest, O my soul,* for the LORD has treated you well.

⁷For you have rescued my life from death,* my eyes from tears, and my feet from stumbling.

8I will walk in the presence of the LORD* in the land of the living.

⁹I believed, even when I said, "I have been brought very low."* In my distress I said, "No one can be trusted."

OHow shall I repay the LORD* for all the good things he has done for me?

I will lift up the cup of salvation* and call upon the name of the Lord.

¹²I will fulfill my vows to the LORD* in the presence of all his people.

¹³ Precious in the sight of the LORD* is the death of his servants.

¹⁴O Lord, I am your servant;*
 I am your servant
 and the child of your handmaid;
 you have freed me from my bonds.

15 I will offer you the sacrifice of thanksgiving* and call upon the name of the Lord. ¹⁶I will fulfill my vows to the LORD* in the presence of all his people,

¹⁷in the courts of the Lord's house,* in the midst of you, O Jerusalem. Hallelujah!

117

¹Praise the LORD, all you nations;* laud him, all you peoples.

²For his lovingkindness toward us is great,* and the faithfulness of the LORD endures forever.
Hallelujah!

118

¹Give thanks to the LORD, for he is good;*
his mercy endures forever.

²Let Israel now proclaim,*

"His mercy endures forever."

³Let the house of Aaron now proclaim,*
"His mercy endures forever."

⁴Let those who fear the LORD now proclaim,*

"His mercy endures forever."

⁵I called to the LORD in my distress;* the LORD answered by setting me free.

⁶The LORD is at my side, therefore I will not fear;* what can anyone do to me?

⁷The LORD is at my side to help me;*
I will triumph
over those who hate me.

⁸It is better to rely on the LORD* than to put any trust in flesh.

⁹It is better to rely on the LORD* than to put any trust in rulers.

¹⁰ All the ungodly encompass me;* in the name of the LORD I will repel them. 11 They hem me in, they hem me in on every side;* in the name of the LORD I will repel them.

¹²They swarm about me like bees; they blaze like a fire of thorns;* in the name of the LORD I will repel them.

¹³I was pressed so hard that I almost fell,* but the LORD came to my help.

¹⁴The Lord is my strength and my song,* and he has become my salvation.

¹⁵There is a sound of exultation and victory* in the tents of the righteous:

¹⁶"The right hand of the LORD has triumphed!*

> The right hand of the LORD is exalted! The right hand of the LORD has triumphed!"

¹⁷I shall not die, but live,* and declare the works of the LORD.

¹⁸The Lord has punished me sorely,* but he did not hand me over to death

¹⁹Open for me the gates of righteousness;* I will enter them; I will offer thanks to the LORD.

²⁰"This is the gate of the LORD;* he who is righteous may enter."

²¹I will give thanks to you, for you answered me* and have become my salvation.

²²The same stone which the builders rejected* has become the chief cornerstone.

²³This is the Lord's doing,* and it is marvelous in our eyes.

²⁴On this day the LORD has acted;* we will rejoice and be glad in it.

²⁵Hosanna, Lord, hosanna!* LORD, send us now success.

²⁶Blessed is he who comes in the name of the Lord;* we bless you from the house of the LORD.

²⁷God is the LORD; he has shined upon us;* form a procession with branches up to the horns of the altar.

²⁸ "You are my God, and I will thank you;* you are my God, and I will exalt you."

²⁹Give thanks to the LORD, for he is good;* his mercy endures forever.

119

Aleph

¹Happy are they whose way is blameless,* who walk in the law of the LORD!

²Happy are they who observe his decrees* and seek him with all their hearts!

³Who never do any wrong,* but always walk in his ways.

⁴You laid down your commandments,* that we should fully keep them.

⁵Oh, that my ways were made so direct* that I might keep your statutes!

⁶Then I should not be put to shame,* when I regard all your commandments.

⁷I will thank you with an unfeigned heart,* when I have learned your righteous judgments.

8I will keep your statutes;* do not utterly forsake me.

Beth

⁹How shall a young man cleanse his way?*

By keeping to your words.

¹⁰With my whole heart I seek you;* let me not stray from your commandments.

¹¹I treasure your promise in my heart,* that I may not sin against you.

¹²Blessed are you, O Lord;* instruct me in your statutes. ¹³With my lips will I recite*
all the judgments of your mouth.

¹⁴I have taken greater delight in the way of your decrees* than in all manner of riches.

¹⁵I will meditate on your commandments* and give attention to your ways.

¹⁶My delight is in your statutes;* I will not forget your word.

Gimel

¹⁷Deal bountifully with your servant,* that I may live and keep your word.

¹⁸Open my eyes, that I may see* the wonders of your law.

¹⁹I am a stranger here on earth;* do not hide your commandments from me.

²⁰My soul is consumed at all times* with longing for your judgments.

²¹You have rebuked the insolent;* cursed are they who stray from your commandments!

²²Turn from me shame and rebuke,* for I have kept your decrees.

²³Even though rulers sit and plot against me,* I will meditate on your statutes.

²⁴For your decrees are my delight,* and they are my counselors.

Daleth

25 My soul cleaves to the dust;* give me life according to your word.

²⁶I have confessed my ways, and you answered me;* instruct me in your statutes.

²⁷ Make me understand the way of your commandments,* that I may meditate on your marvelous works.

²⁸ My soul melts away for sorrow;* strengthen me according to your word.

²⁹Take from me the way of lying;* let me find grace through your law.

³⁰I have chosen the way of faithfulness;* I have set your judgments before me.

31 I hold fast to your decrees;*

O LORD, let me not be put to shame.

32 I will run

the way of your commandments,* for you have set my heart at liberty.

He

³³Teach me, O LORD, the way of your statutes,* and I shall keep it to the end.

³⁴Give me understanding, and I shall keep your law;* I shall keep it with all my heart.

35 Make me go in the path of your commandments,* for that is my desire.

³⁶Incline my heart to your decrees* and not to unjust gain.

³⁷Turn my eyes from watching what is worthless;*
give me life in your ways.

³⁸ Fulfill your promise to your servant,* which you make to those who fear you.

³⁹Turn away the reproach which I dread,* because your judgments are good.

⁴⁰Behold, I long for your commandments;* in your righteousness preserve my life.

Waw

⁴¹Let your lovingkindness come to me, O Lord,* and your salvation, according to your promise.

⁴²Then shall I have a word for those who taunt me,* because I trust in your words.

⁴⁹Do not take the word of truth out of my mouth,* for my hope is in your judgments.

⁴⁴I shall continue to keep your law;*
I shall keep it forever and ever.

⁴⁵I will walk at liberty,* because I study your commandments.

⁴⁶I will tell of your decrees before kings*

and will not be ashamed.

- ⁴⁷I delight in your commandments,* which I have always loved.
- ⁴⁸I will lift up my hands to your commandments,* and I will meditate on your statutes.

Zayin

- ⁴⁹Remember your word to your servant,* because you have given me hope.
- ⁵⁰This is my comfort in my trouble,* that your promise gives me life.
- ⁵¹The proud have derided me cruelly,* but I have not turned from your law.
- ⁵²When I remember your judgments of old,*

O LORD, I take great comfort.

- 53 I am filled with a burning rage,* because of the wicked who forsake your law.
- ⁵⁴Your statutes have been like songs to me* wherever I have lived as a stranger.

⁵⁵I remember your name in the night, O LORD,*

and dwell upon your law.

⁵⁶This is how it has been with me,* because

I have kept your commandments.

Heth

57 You only are my portion, O LORD;* I have promised to keep your words.

Sel entreat you with all my heart:* Be merciful to me according to your promise.

- ⁵⁹I have considered my ways* and turned my feet toward your decrees.
- ⁶⁰I hasten and do not tarry* to keep your commandments.
- 61 Though the cords

of the wicked entangle me,*
I do not forget your law.

⁶²At midnight I will rise to give you thanks,* because of your righteous judgments.

- ⁶³I am a companion of all who fear you* and of those who keep your commandments.
- ⁶⁴The earth, O LORD, is full of your love;* instruct me in your statutes.

Teth

- 65 O LORD, you have dealt graciously with your servant,* according to your word.
- 6 Teach me discernment and knowledge,* for I have believed in your commandments.
- ⁶⁷Before I was afflicted I went astray,* but now I keep your word.
- 68 You are good and you bring forth good;* instruct me in your statutes.
- ⁶⁹The proud have smeared me with lies,* but I will keep your commandments with my whole heart.
- ⁷⁰Their heart is gross and fat,* but my delight is in your law.
- 71 It is good for me that I have been afflicted,* that I might learn your statutes.
- ⁷²The law of your mouth is dearer to me* than thousands in gold and silver.

Yodh

⁷³ Your hands have made me and fashioned me;* give me understanding, that I may learn your commandments.

⁷⁴Those who fear you will be glad when they see me,*
because I trust in your word.

75 I know, O LORD, that your judgments are right* and that in faithfulness you have afflicted me.

Tet your lovingkindness be my comfort,* as you have promised to your servant.

That I may live,*

for your law is my delight.

⁷⁸Let the arrogant be put to shame, for they wrong me with lies;*
but I will meditate
on your commandments.

⁷⁹Let those who fear you turn to me,* and also those who know your decrees.

⁸⁰Let my heart be sound in your statutes,* that I may not be put to shame.

Kaph

⁸¹ My soul has longed for your salvation;*
I have put my hope in your word.

⁸² My eyes have failed from watching for your promise,* and I say, "When will you comfort me?"

83 I have become like a leather flask in the smoke,* but I have not forgotten your statutes.

84 How much longer must I wait? * When will you give judgment against those who persecute me?

85 The proud have dug pits for me;* they do not keep your law.

86 All your commandments are true; * help me,

for they persecute me with lies.

87 They had almost made an end of me on earth,* but I have not forsaken your commandments.

⁸⁸ In your lovingkindness, revive me,* that I may keep the decrees of your mouth.

Lamedh

89 O LORD, your word is everlasting;* it stands firm in the heavens.

⁹⁰Your faithfulness remains from one generation to another;* you established the earth, and it abides.

⁹¹By your decree these continue to this day,*

for all things are your servants.

⁹² If my delight had not been in your law,* I should have perished in my affliction.

⁹³I will never forget ýour commandments,* because by them you give me life.

94I am yours—

oh, that you would save me!—*
for I study your commandments.

Though the wicked lie in wait for me to destroy me,*

I will apply my mind to your decrees.

%I see that all things come to an end,* but your commandment has no bounds.

Mem

⁹⁷Oh, how I love your law!*
All the day long it is in my mind.

98 Your commandment has made me wiser than my enemies,* and it is always with me.

99 I have more understanding than all my teachers,* for your decrees are my study.

¹⁰⁰I am wiser than the elders,* because I observe your commandments.

¹⁰¹I restrain my feet from every evil way,* that I may keep your word.

102 I do not shrink from your judgments,* because you yourself have taught me.

103 How sweet are your words to my taste! *
They are sweeter than honey
to my mouth.

¹⁰⁴Through your commandments I gain understanding;* therefore I hate every lying way.

Nun

¹⁰⁵Your word is a lantern to my feet* and a light upon my path.

106 I have sworn and am determined* to keep your righteous judgments.

¹⁰⁷I am deeply troubled;*

preserve my life, O LORD, according to your word.

108 Accept, O Lord,

the willing tribute of my lips,* and teach me your judgments.

109 My life is always in my hand,* yet I do not forget your law.

but I have not strayed from your commandments.

Your decrees are my inheritance forever;*

truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes* forever and to the end.

Samekh

¹¹³I hate those who have a divided heart,* but your law do I love.

¹¹⁴You are my refuge and shield;*
my hope is in your word.

¹¹⁵ Away from me, you wicked!*

I will keep
the commandments of my God.

116 Sustain me according to your promise, that I may live,*
and let me not be disappointed in my hope.

¹¹⁷Hold me up, and I shall be safe,* and my delight shall be ever in your statutes.

118 You spurn all

who stray from your statutes;* their deceitfulness is in vain.

¹¹⁹In your sight all the wicked of the earth are but dross;*
therefore I love your decrees.

¹²⁰My flesh trembles with dread of you;* I am afraid of your judgments.

Ayin

¹²¹I have done what is just and right;* do not deliver me to my oppressors.

¹²²Be surety for your servant's good;* let not the proud oppress me. ¹²³My eyes have failed from watching for your salvation* and for your righteous promise.

124 Deal with your servant according to your lovingkindness,* and teach me your statutes.

grant me understanding,*
that I may know your decrees.

¹²⁶It is time for you to act, O LORD,* for they have broken your law.

127 Truly, I love your commandments* more than gold and precious stones.

128 I hold all your commandments to be right for me;* all paths of falsehood I abhor.

Pe

¹²⁹Your decrees are wonderful;* therefore I obey them with all my heart.

When your word goes forthit gives light;*it gives understanding to the simple.

¹³¹I open my mouth and pant;*
I long for your commandments.

132 Turn to me in mercy,*
as you always do to those
who love your name.

¹³³Steady my footsteps in your word;*
let no iniquity
have dominion over me.

¹³⁴Rescue me from those who oppress me,* and I will keep your commandments.

shine upon your servant* and teach me your statutes.

¹³⁶My eyes shed streams of tears,* because people do not keep your law.

Sadhe

¹³⁷You are righteous, O LORD,* and upright are your judgments.

You have issued your decrees* with justice and in perfect faithfulness.

¹³⁹My indignation has consumed me,* because my enemies forget your words.

to the uttermost,*
and your servant holds it dear.

¹⁴¹I am small and of little account,* yet I do not forget your commandments.

¹⁴² Your justice is an everlasting justice* and your law is the truth.

have come upon me,*
yet your commandments
are my delight.

144 The righteousness of your decrees is everlasting;* grant me understanding, that I may live.

Qoph

145 I call with my whole heart;* answer me, O LORD, that I may keep your statutes.

146 I call to you;

oh, that you would save me!*
I will keep your decrees.

¹⁴⁷Early in the morning I cry out to you,* for in your word is my trust.

148 My eyes are open in the night watches,* that I may meditate upon your promise.

¹⁴⁹Hear my voice, O LORD, according to your lovingkindness;* according to your judgments, give me life.

uho in malice persecute me;*
they are very far from your law.

¹⁵¹You, O Lord, are near at hand,* and all your commandments are true.

Long have I known from your decrees* that you have established them forever.

Resh

¹⁵³Behold my affliction and deliver me,* for I do not forget your law.

154 Plead my cause and redeem me;* according to your promise, give me life.

155 Deliverance is far from the wicked,* for they do not study your statutes.

156 Great is your compassion, O Lord;* preserve my life, according to your judgments.

who persecute and oppress me,*
yet I have not swerved
from your decrees.

158 I look with loathing at the faithless,* for they have not kept your word.

159 See how I love your commandments! * O LORD, in your mercy, preserve me.

160 The heart of your word is truth;* all your righteous judgments endure forevermore.

Shin

out of your word.

162 I am as glad because of your promise* as one who finds great spoils.

¹⁶³ As for lies, I hate and abhor them,* but your law is my love.

164 Seven times a day do I praise you,* because of your righteous judgments.

165 Great peace have they who love your law;*

for them there is no stumbling block.

O LORD,*

and I have fulfilled your commandments.

167 I have kept your decrees* and I have loved them deeply.

168 I have kept

your commandments and decrees,* for all my ways are before you.

Taw

169 Let my cry come before you, O Lord;* give me understanding, according to your word.

170 Let my supplication come before you;* deliver me, according to your promise.

My lips shall pour forth your praise,* when you teach me your statutes.

¹⁷²My tongue shall sing of your promise,* for all your commandments are righteous.

¹⁷³Let your hand be ready to help me,* for I have chosen your commandments.

¹⁷⁴I long for your salvation, O Lord,* and your law is my delight.

¹⁷⁵Let me live, and I will praise you,* and let your judgments help me.

that is lost;*
search for your servant,
for I do not forget
your commandments.

121

¹I lift up my eyes to the hills;* from where is my help to come?

²My help comes from the LORD,* the maker of heaven and earth.

³He will not let your foot be moved* and he who watches over you will not fall asleep.

⁴Behold, he

who keeps watch over Israel* shall neither slumber nor sleep;

5the LORD himself watches over you; * the LORD is your shade at your right hand,

6so that the sun shall not strike you by day,* nor the moon by night.

⁷The LORD shall preserve you from all evil; * it is he who shall keep you safe.

8The LORD shall watch over your going out and your coming in,* from this time forth forevermore.

122

¹I was glad when they said to me,*
"Let us go to the house of the Lord."

²Now our feet are standing* within your gates, O Jerusalem.

³Jerusalem is built as a city* that is at unity with itself;

4to which the tribes go up, the tribes of the LORD,* the assembly of Israel, to praise the name of the LORD.

⁵For there are the thrones of judgment,* the thrones of the house of David.

⁶Pray for the peace of Jerusalem: *
"May they prosper who love you.

⁷Peace be within your walls* and quietness within your towers.

For my brethren and companions' sake,* I pray for your prosperity.

⁹Because of the house of the Lord our God,* I will seek to do you good."

123

¹To you I lift up my eyes,* to you enthroned in the heavens.

²As the eyes of servants look to the hand of their masters, * and the eyes of a maid to the hand of her mistress,

³so our eyes look to the LORD our God,* until he show us his mercy.

⁴Have mercy upon us, O LORD, have mercy, *
for we have had

more than enough of contempt,

of the indolent rich,*
and of the derision of the proud.

124

¹If the Lord had not been on our side,* let Israel now say;

²if the LORD had not been on our side,* when enemies rose up against us,

3then would they have swallowed us up alive*

in their fierce anger toward us;

4then would the waters have overwhelmed us*

and the torrent gone over us;

⁵then would the raging waters* have gone right over us.

⁶Blessed be the LORD!*

He has not given us over to be a prey for their teeth.

⁷We have escaped like a bird from the snare of the fowler;* the snare is broken, and we have escaped.

⁸Our help is in the name of the LORD,* the maker of heaven and earth.

125

Those who trust in the LORD are like Mount Zion,*
which cannot be moved, but stands fast forever.

²The hills stand about Jerusalem;*
so does the LORD stand
round about his people,
from this time forth forevermore.

³The scepter of the wicked shall not hold sway over the land alloted to the just,* so that the just shall not put their hands to evil.

⁴Show your goodness, O Lord, to those who are good* and to those who are true of heart.

⁵As for those who turn aside to crooked ways, the LORD will lead them away with the evildoers;*
but peace be upon Israel.

126

When the LORD restored the fortunes of Zion,* then were we like those who dream.

²Then was our mouth filled with laughter,* and our tongue with shouts of joy.

³Then they said among the nations,*

"The Lord has done great things for them."

⁴The Lord has done great things for us,* and we are glad indeed.

⁵Restore our fortunes, O LORD,* like the watercourses of the Negev.

⁶Those who sowed with tears* will reap with songs of joy.

⁷Those who go out weeping, carrying the seed,* will come again with joy, shouldering their sheaves.

127

¹Unless the LORD builds the house,* their labor is in vain who build it.

²Unless the LORD watches over the city,* in vain the watchman keeps his vigil.

³It is in vain that you rise so early and go to bed so late;*

vain, too, to eat the bread of toil, for he gives to his beloved sleep.

⁴Children are a heritage from the LORD,* and the fruit of the womb is a gift.

⁵Like arrows in the hand of a warrior* are the children of one's youth.

⁶Happy is the man who has his quiver full of them!* He shall not be put to shame when he contends with his enemies in the gate.

128

¹Happy are they all who fear the LORD,* and who follow in his ways!

²You shall eat the fruit of your labor;* happiness and prosperity shall be yours.

³Your wife shall be like a fruitful vine within your house,*
your children like olive shoots round about your table.

⁴The man who fears the LORD* shall thus indeed be blessed.

⁵The Lord bless you from Zion,* and may you see the prosperity of Jerusalem all the days of your life.

6May you live to see your children's children;* may peace be upon Israel.

130

Out of the depths
have I called to you, O LORD;
LORD, hear my voice;*
let your ears consider well
the voice of my supplication.

²If you, LORD, were to note what is done amiss,* O Lord, who could stand?

³For there is forgiveness with you;* therefore you shall be feared.

⁴I wait for the LORD; my soul waits for him;* in his word is my hope.

5My soul waits for the LORD, more than watchmen for the morning,* more than watchmen for the morning.

⁶O Israel, wait for the LORD,*
for with the LORD there is mercy;

⁷with him

there is plenteous redemption,*
and he shall redeem Israel
from all their sins.

131

¹O Lord, I am not proud;*
I have no haughty looks.

²I do not occupy myself with great matters,* or with things that are too hard for me.

³But I still my soul and make it quiet, like a child upon its mother's breast;* my soul is quietéd within me.

4O Israel, wait upon the LORD,* from this time forth forevermore.

132

LORD, remember David,* and all the hardships he endured;

²how he swore an oath to the LORD* and vowed a vow to the Mighty One of Jacob:

³"I will not come under the roof of my house,* nor climb up into my bed;

⁴I will not allow my eyes to sleep,* nor let my eyelids slumber;

5until I find a place for the LORD,* a dwelling for the Mighty One of Jacob."

6"The ark! We heard it was in Ephratah;* we found it in the fields of Jearim.

⁷Let us go to God's dwelling-place;* let us fall upon our knees before his footstool."

8 Arise, O Lord, into your resting-place,* you and the ark of your strength.

⁹Let your priests be clothed with righteousness;*

let your faithful people sing with joy.

¹⁰ For your servant David's sake,* do not turn away the face of your anointed.

"The LORD has sworn an oath to David;* in truth, he will not break it:

¹²"A son, the fruit of your body" will I set upon your throne.

¹³ If your children keep my covenant and my testimonies that I shall teach them,* their children will sit upon your throne forevermore."

¹⁴For the LORD has chosen Zion;*
he has desired her for his habitation:

15 "This shall be my resting-place forever; here will I dwell, for I delight in her.

¹⁶I will surely bless her provisions,* and satisfy her poor with bread.

¹⁷I will clothe her priests with salvation,* and her faithful people will rejoice and sing.

¹⁸There will I make the horn of David flourish;* I have prepared a lamp for my anointed.

¹⁹ As for his enemies, I will clothe them with shame;* but as for him, his crown will shine."

133

¹Oh, how good and pleasant it is* when brethren live together in unity!

²It is like fine oil upon the head* that runs down upon the beard,

³upon the beard of Aaron,* and runs down upon the collar of his robe.

⁴It is like the dew of Hermon* that falls upon the hills of Zion.

⁵For there the LORD has ordained the blessing:*
life forevermore.

134

¹Behold, now! Bless the LORD, all you servants of the LORD, you that stand by night in the house of the LORD.

²Lift up your hands in the holy place and bless the LORD;*
the LORD who made heaven and earth bless you out of Zion.

135

¹Hallelujah!

Praise the name of the Lord; * give praise, you servants of the Lord,

²you who stand

in the house of the LORD,*
in the courts of the house of our God.

³Praise the LORD, for the LORD is good; * sing praises to his name, for it is lovely.

⁴For the LORD

has chosen Jacob for himself* and Israel for his own possession.

⁵For I know that the Lorp is great,* and that our Lord is above all gods.

⁶The LORD does whatever pleases him, in heaven and on earth,* in the seas and all the deeps.

⁷He brings up rain clouds from the ends of the earth;* he sends out lightning with the rain, and brings the winds out of his storehouse.

8It was he who struck down the firstborn of Egypt,* the firstborn both of man and beast.

⁹He sent signs and wonders into the midst of you, O Egypt,* against Pharaoh and all his servants.

¹⁰He overthrew many nations* and put mighty kings to death:

¹¹Sihon, king of the Amorites, and Og, the king of Bashan,* and all the kingdoms of Canaan.

¹²He gave their land to be an inheritance,* an inheritance for Israel his people.

¹³O Lord, your name is everlasting;*
your renown, O Lord,
endures from age to age.

¹⁴For the Lord gives his people justice* and shows compassion to his servants.

¹⁵The idols of the heathen are silver and gold,*
the work of human hands.

¹⁶They have mouths, but they cannot speak;* eyes have they, but they cannot see.

17They have ears, but they cannot hear;*
neither is there any breath
in their mouth.

¹⁸Those who make them are like them,* and so are all who put their trust in them.

¹⁹Bless the Lord, O house of Israel;*
O house of Aaron, bless the Lord.

²⁰Bless the LORD, O house of Levi;* you who fear the LORD, bless the LORD.

²¹Blessed be the LORD out of Zion,* who dwells in Jerusalem. Hallelujah!

136

¹Give thanks to the LORD, for he is good,* for his mercy endures forever. ²Give thanks to the God of gods,* for his mercy endures forever. ³Give thanks to the Lord of lords,* for his mercy endures forever; 4who only does great wonders,* for his mercy endures forever; 5 who by wisdom made the heavens,* for his mercy endures forever; ⁶who spread out the earth upon the waters,* for his mercy endures forever; ⁷who created great lights,* for his mercy endures forever; 8 the sun to rule the day,* for his mercy endures forever; 9the moon and the stars

to govern the night,*
for his mercy endures forever;

10 who struck down

the firstborn of Egypt,*
for his mercy endures forever;

and brought out Israel from among them,*

for his mercy endures forever;

¹² with a mighty hand and a stretched-out arm,*

for his mercy endures forever; ¹³who divided the Red Sea in two,* for his mercy endures forever; ¹⁴and made Israel to pass through the midst of it,* for his mercy endures forever; 15 but swept Pharaoh and his army into the Red Sea,* for his mercy endures forever; 16 who led his people through the wilderness,* for his mercy endures forever; ¹⁷who struck down great kings,* for his mercy endures forever; 18 and slew mighty kings,* for his mercy endures forever; ¹⁹Sihon, king of the Amorites,* for his mercy endures forever; ²⁰ and Og, the king of Bashan,* for his mercy endures forever; ²¹ and gave away their lands for an inheritance,* for his mercy endures forever;

² an inheritance for Israel his servant,* for his mercy endures forever;

²³ who remembered us in our low estate,* for his mercy endures forever;

²⁴ and delivered us from our enemies,* for his mercy endures forever;

²⁵who gives food to all creatures,* for his mercy endures forever.

²⁶ Give thanks to the God of heaven,* for his mercy endures forever.

138

¹I will give thanks to you, O LORD, with my whole heart; *
 before the gods
 I will sing your praise.

²I will bow down toward your holy temple and praise your name, *
 because of your love and faithfulness;

³ for you have glorified your name* and your word above all things.

⁴When I called, you answered me;* you increased my strength within me.

⁵All the kings of the earth will praise you, O LORD,* when they have heard the words of your mouth.

⁶They will sing of the ways of the Lord,* that great is the glory of the Lord.

⁷Though the LORD be high, he cares for the lowly;*

he perceives the haughty from afar. ⁸Though I walk in the midst of trouble, you keep me safe;*

you stretch forth your hand against the fury of my enemies; your right hand shall save me.

⁹The LORD will make good his purpose for me;*

O LORD, your love endures forever; do not abandon the works of your hands.

139

LORD, you have searched me out and known me;* you know my sitting down and my rising up; you discern my thoughts from afar.

²You trace my journeys and my resting-places*

and are acquainted with all my ways.

³Indeed, there is not a word on my lips,* but you, O LORD, know it altogether.

⁴You press upon me behind and before* and lay your hand upon me.

⁵Such knowledge is too wonderful for me;*

it is so high that I cannot attain to it.

⁶Where can I go then from your Spirit?*
Where can I flee from your presence?

⁷If I climb up to heaven, you are there;* if I make the grave my bed, you are there also.

⁸If I take the wings of the morning* and dwell

in the uttermost parts of the sea,

9 even there your hand will lead me*
and your right hand hold me fast.

10 If I say,

"Surely the darkness will cover me," and the light around me turn to night,"

11 darkness is not dark to you; the night is as bright as the day;* darkness and light to you are both alike.

¹²For you yourself created my inmost parts;* you knit me together in my mother's womb.

¹³I will thank you because I am marvelously made;* your works are wonderful, and I know it well.

¹⁴My body was not hidden from you,* while I was being made in secret and woven in the depths of the earth.

¹⁵ Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book;* they were fashioned day by day, when as yet there was none of them.

¹⁶How deep I find your thoughts, O God!*
How great is the sum of them!

¹⁷If I were to count them, they would be more in number than the sand;* to count them all, my life span would need to be like yours.

¹⁸Oh, that you

would slay the wicked, O God!*
You that thirst for blood,
depart from me.

¹⁹They speak despitefully against you;* your enemies take your name in vain.

²⁰Do I not hate those, O LORD, who hate you?*

And do I not loathe those who rise up against you?

²¹I hate them with a perfect hatred;* they have become my own enemies.

² Search me out, O God, and know my heart;* try me and know my restless thoughts.

²³Look well
whether there be any wickedness in me,*
and lead me
in the way that is everlasting.

141

O Lord, I call to you; come to me quickly;* hear my voice when I cry to you.

²Let my prayer
be set forth in your sight as incense,*
the lifting up of my hands
as the évening sacrifice.

³Set a watch before my mouth, O LORD, and guard the door of my lips;* let not my heart incline to any évil thing.

⁴Let me not be occupied in wickedness with evildoers,* nor eat of their choice foods.

⁵Let the righteous smite me in friendly rebuke; let not the oil of the unrighteous anoint my head; * for my prayer is continually against their wicked deeds.

⁶Let their rulers be overthrown in stony places,* that they may know my words are true.

⁷As when a plowman turns over the earth in furrows,* let their bones be scattered at the mouth of the grave.

But my eyes are turned to you, Lord God; *

in you I take refuge; do not strip me of my life. 9 Protect me from the snare which they have laid for me* and from the traps of the evildoers.
10 Let the wicked fall into their own nets,* while I myself escape.

142

¹I cry to the LORD with my voice;* to the LORD I make loud supplication.

²I pour out my complaint before him* and tell him all my trouble.

³When my spirit languishes within me, you know my path;* in the way wherein I walk they have hidden a trap for me.

⁴I look to my right hand and find no one who knows me;* I have no place to flee to, and no one cares for me.

⁵I cry out to you, O Lord;*
I say, "You are my refuge,
my portion in the land of the living."

⁶Listen to my cry for help, for I have been brought very low;* save me from those who pursue me, for they are too strong for me.

⁷Bring me out of prison, that I may give thanks to your name;* when you have dealt bountifully with me, the righteous will gather around me.

143

¹LORD, hear my prayer, and in your faithfulness heed my supplications; *
 answer me in your righteousness.

²Enter not into judgment with your servant, *
 for in your sight, shall no one living be justified.

³For my enemy has sought my life.

³For my enemy has sought my life; he has crushed me to the ground;*

he has made me live in dark places like those who are long dead.

⁴My spirit faints within me;* my heart within me is desolate.

⁵I remember the time past; I muse upon all your deeds;* I consider the works of your hands.

⁶I spread out my hands to you;* my soul gasps to you like a thirsty land.

O LORD, make haste to answer me; my spirit fails me;* do not hide your face from me or I shall be like those who go down to the pit.

⁸Let me hear of your lovingkindness in the morning,

for I put my trust in you;*
show me the road that I must walk,
for I lift up my soul to you.

⁹Deliver me from my enemies, O LORD,* for I flee to you for refuge.

¹⁰Teach me to do what pleases you, for you are my God;* let your good Spirit lead me on level ground.

Revive me, O Lord, for your name's sake;* for your righteousness' sake, bring me out of trouble.

Of your goodness, destroy my enemies and bring all my foes to naught,* for truly I am your servant.

145

¹I will exalt you, O God my king,* and bless your name forever and ever.

²Every day will I bless you* and praise your name forever and ever.

³Great is the LORD and greatly to be praised;* there is no end to his greatness.

One generation shall praise your works to another* and shall declare your power.

⁵I will ponder the glorious splendor of your majesty* and all your marvelous works.

⁶They shall speak of the might of your wondrous acts,* and I will tell of your greatness.

⁷They shall publish the remembrance of your great goodness;* they shall sing of your righteous deeds.

8The Lord is gracious and full of compassion,* slow to anger and of great kindness.

⁹The LORD is loving to everyone* and his compassion is over all his works.

¹⁰All your works praise you, O Lord,* and your faithful servants bless you.

"They make known the glory of your kingdom* and speak of your power;

¹² that the peoples may know of your power* and the glorious splendor of your kingdom.

¹³ Your kingdom is an everlasting kingdom;* your dominion endures throughout all ages.

¹⁴The LORD is faithful in all his words* and merciful in all his deeds.

¹⁵The Lord upholds all those who fall;*
he lifts up those
who are bowed down.

16 The eyes of all wait upon you, O LORD,* and you give them their food in due season.

¹⁷You open wide your hand* and satisfy the needs of every living creature.

¹⁸The LORD is righteous in all his ways* and loving in all his works.

¹⁹The LORD is near to those who call upon him,* to all who call upon him faithfully.

²⁰He fulfills the desire
of those who fear him;*
he hears their cry and helps them.

²¹The LORD preserves all those

who love him,*

but he destroys all the wicked.

² My mouth shall speak the praise of the Lord;* let all flesh bless his holy name forever and ever.

146

Hallelujah!
Praise the LORD, Ó my soul!*
I will praise the LORD
as long as I live;
I will sing praises to my God
while I have my being.

²Put not your trust in rulers, nor in any child of earth,* for there is no help in them.

³When they breathe their last, they return to earth,* and in that day their thoughts perish.

⁴Happy are they who have the God of Jacob for their help,* whose hope is in the LORD their God;

5who made heaven and earth, the seas, and all that is in them;* who keeps his promise forever;

⁶who gives justice to those who are oppressed,* and food to those who hunger.

⁷The LORD sets the prisoners free; the LORD opens the eyes of the blind;* the LORD lifts up those who are bowed down;

8 the Lord loves the righteous; the Lord cares for the stranger;* he sustains the orphan and widow, but frustrates the way of the wicked.

⁹The Lord shall reign forever,*

your God, O Zion, throughout all generations. Hallelujah!

147

Hallelujah!
How good it is
to sing praises to our God!*
How pleasant it is
to honor him with praise!

²The LORD rebuilds Jerusalem;* he gathers the exiles of Israel.

³He heals the brokenhearted* and binds up their wounds.

⁴He counts the number of the stars* and calls them all by their names.

⁵Great is our LORD and mighty in power;* there is no limit to his wisdom.

⁶The Lord lifts up the lowly,* but casts the wicked to the ground.

⁷Sing to the LORD with thanksgiving;* make music to our God upon the harp.

8 He covers the heavens with clouds* and prepares rain for the earth;

he makes grass to grow upon the mountains* and green plants to serve mankind.

¹⁰He provides food for flocks and herds* and for the young ravens when they cry.

"He is not impressed by the might of a horse;* he has no pleasure in the strength of a man;

but the LORD has pleasure in those who fear him,* in those who await his gracious favor.

¹³ Worship the LORD, O Jerusalem;* praise your God, O Zion;

¹⁴ for he has strengthened the bars of your gates;* he has blessed your children within you. He has established peace
 on your borders;*
 he satisfies you with the finest wheat.
 He sends out his command to the earth,*
 and his word runs very swiftly.

¹⁷He gives snow like wool;*

he scatters hoarfrost like ashes.

¹⁸He scatters his hail like bread crumbs;*
Who can stand against his cold?

¹⁹He sends forth his word and melts them;* he blows with his wind, and the waters flow.

²⁰He declares his word to Jacob,* his statutes and his judgments to Israel.

²¹ He has not done so to any other nation;* to them he has not revealed his judgments. Hallelujah!

148

Hallelujah!

Praise the Lord from the heavens;* praise him in the heights.

²Praise him, all you angels of his;* praise him, all his host.

³ Praise him, sun and moon;* praise him, all you shining stars.

⁴Praise him, heaven of heavens,* and you waters above the heavens.

⁵Let them praise the name of the LORD;* for he commanded, and they were created.

⁶He made them stand fast forever and ever;* he gave them a law which shall not pass away.

⁷Praise the LORD from the earth,* you sea monsters and all deeps;

8 fire and hail, snow and fog,* tempestuous wind, doing his will;
9 mountains and all hills,* fruit trees and all cedars;

¹⁰wild beasts and all cattle,*
creeping things and winged birds;

"kings of the earth and all peoples," princes and all rulers of the world;

¹² young men and maidens,* old and young together.

¹³ Let them praise the name of the LORD,* for his name only is exalted, his splendor is over earth and heaven.

¹⁴He has raised up strength for his people and praise for all his loyal servants,* the children of Israel, a people who are near him. Hallelujah!

149

¹Hallelujah!

Sing to the LORD a new song;* sing his praise in the congregation of the faithful.

²Let Israel rejoice in his maker;*
let the children of Zion
be joyful in their king.

³Let them praise his name in the dance;*
let them sing praise to him
with timbrel and harp.

⁴For the LORD takes pleasure in his people* and adorns the poor with victory.

⁵Let the faithful rejoice in triumph;* let them be joyful on their beds.

⁶Let the praises of God be in their throat* and a two-edged sword in their hand;

7to wreak vengeance on the nations* and punishment on the peoples;

8 to bind their kings in chains* and their nobles with links of iron;

9 to inflict on them

the judgment decreed;*

this is glory for all his faithful people. Hallelujah!

150

- ¹Hallelujah!
 Praise God in his holy temple;*
 praise him
 in the firmament of his power.

 ²Praise him for his mighty acts;*
 praise him for his excellent greatness.

 ³Praise him
 with the blast of the ram's horn;*
 praise him with lyre and harp.

 ⁴Praise him with timbrel and dance;*
- praise him with strings and pipe.

 ⁵Praise him with resounding cymbals;*

 praise him
- with loud-clanging cymbals.

 6 Let everything that has breath*
 praise the LORD.
 Halleluiah!